



Vermont Recovery Network
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802-738-8998

Recovery Coaching Agreement

Edited - July, 2015

Please review this document and acknowledge your willingness to accept help from a VRN-approved recovery coach. **Any person who wishes to receive recovery coaching must sign this agreement first.** Once this agreement has been signed by you and your recovery coaching team, it becomes your property. You can show this agreement to people who want to know if you are working on your recovery, but we will not share copies of your signed agreement with anyone. Keeping this agreement is your responsibility. Here's what you can expect from us:

1. We will support you and help you to establish a plan for life in recovery.
2. We will help you connect with people who can help you succeed in recovery and we will explore services that you may want to consider using to support you in attaining a comfortable recovery.
3. We will keep our relationship with you confidential, but we will acknowledge your participation in this program, if you request that we do so.
4. We will not provide an evaluation of anyone's recovery or report on anyone's use of substances. We only acknowledge the period of time someone has participated in coaching, the regularity of their attendance, and acknowledge a person's commitment to working on a personal recovery process.
5. We are legally and ethically obligated to report a recovery coaching participant's disclosure of personal involvement with child or elder abuse/neglect, threatened self-harm, or harm to others.
6. Recovery coaches in recovery centers **do not** provide formal clinical assessments, recommend any particular level of care, provide clinical treatment services, monitor abstinence, maintain clinical records, or dispense medications.

Here's what we expect from you:

1. **Your recovery is your responsibility.** Any decisions you make after considering your options in the recovery coaching process are your decisions and not the responsibility of your recovery coach.
2. Please keep your recovery coaching appointments and be on time. **If you are unable to keep your scheduled appointment, please contact your coach as soon as possible.**
3. You understand and agree that you will not seek to hold your recovery coach, recovery center, or the Vermont Recovery Network legally responsible for your decisions or actions.
4. You can contact the coordinator who signs below with any questions or concerns you have about your recovery coaching experience or if you feel you might benefit from having a different coach.

Together, we will explore what you can do to improve your life. We are here to help you think about ways your life could get better. We will support you in taking action and making your recovery successful.

Participant Name: _____ Recovery Coach Signature: _____
Contact information: _____

Signature: _____ Coordinator's Signature: _____
Contact information: _____

Date: _____