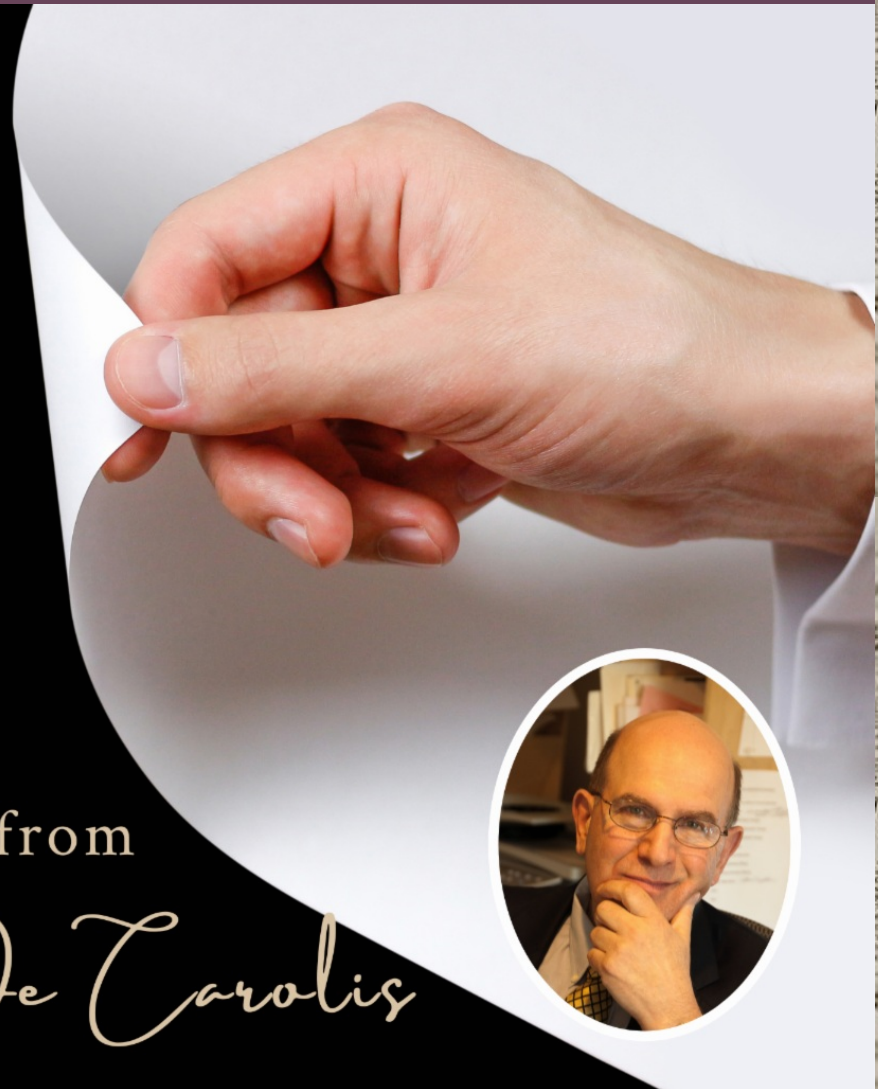




# Recovery Partners of Vermont

*"Promoting wellness for all who are affected  
by Substance or Alcohol Use Disorders"*



A message from  
*Gary De Carolis*

Happy Healthy New Year's to all!! 2022 is set to bring many new and exciting changes to the Vermont world of recovery.

As of January 1, our organization is now doing business as the **Recovery Partners of Vermont**. Our board is made up of member recovery center executive directors, recovery center board presidents and we have a few at-large slots open (anyone with social media/marketing, Human Resources or legal experience please consider joining the board).

Also, I wanted to introduce **Allie Mullins**, who is our part-time Information Specialist. Allie comes to us as a family member who is passionate about supporting people in recovery and helping ensure that anyone who wants to move to recovery finds a waiting hand to help them find their way. Allie will be developing an information clearinghouse, developing a consultant pool for member recovery centers, and ensuring that our recovery centers have the latest evidence-based practices when delivering services and support to all their guests. Allie joins me and **Carrie Becker**, Development Director as the team of the Recovery Partners of Vermont.

Later you will read about an opportunity for the **Recovery Partners of Vermont** to win a grant from the **Vermont Employees Credit Union**. We are honored to be a finalist for this opportunity. We also recently received a grant from the **Richard & Deborah Tarrant Foundation** which will allow our member recovery centers to provide outreach recovery coaching in their communities. Finally, I want to thank all the donors of our recently completed *first ever* holiday fundraising letter. It was a huge success. As designed, a donor could designate 50% of their donation to one of the nine-member recovery centers. It was a win-win for all of us and we are forever grateful of the generosity of so many people.

May this new year bring sustained quality recovery for all that have a substance or alcohol use disorder. Thank you!

## Up To \$50,000 Opportunity!!!

Are you a VSECU Member?

If so, YOU have the opportunity to help US win up to \$50,000 just by voting!

Stay tuned, as more information is made available.



## Recovery News in Vermont

**Addiction Recovery Channel**  
featuring Ed Baker

Dan Ciccarone MD, MPH, is a recognized international scholar on the medical, public health and public policy dimensions of



substance use, risk and consequences. For over 20 years "Dr. Dan" has been actively involved in expanding the use of clinical harm reduction technologies and services, e.g., naloxone, buprenorphine and drug checking. He has provided harm reduction based clinical services at several SF syringe exchanges and was on the Board of Directors for the SF Homeless Youth Alliance. He has been principal or co-investigator on numerous NIH sponsored public health research projects including his current Synthetics in Combination (aka SYNC) study.



[Video Here](#)

## Professional Development Opportunities



**VERMONT**  
DEPARTMENT OF HEALTH



RECOVERY  
RESEARCH  
INSTITUTE



MASSACHUSETTS  
GENERAL HOSPITAL  
HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL



Vermont Cooperative  
for Practice Improvement  
& Innovation

### Brief Emergency Medicine Interventions to Prevent Opioid Overdoses

The training will introduce or refresh participants' SBIRT skills (Screening Brief Intervention and Referral to Treatment). Participants will have the opportunity to learn, observe and practice skills through the use of experts and simulated patient actors. Participants interested in additional information will be able to access dedicated online learning opportunities. More information [HERE](#)

### Tele-Recovery and RCCs: Colliding worlds or augmenting each other?

In this seminar, we are using a panel format to present findings and experiences regarding the use of digital recovery support services ("tele-recovery") within RCCs.

Dr. Robert Ashford (Unity Recovery) will present an overview of tele-recovery, including addressing types of tele-recovery services, what we know about how it works, future avenues, and more.

More information [HERE](#)

### Transforming Trauma: How Organizations Become Healing Places & The Reflective Professional: A Catalyst for Change

VCPI and Dave Melnick are co-hosting a new online workshop series later this spring, in two parts. The first will explore approaches for organizations as they reckon with the reality that trauma is a public health crisis, to carefully examine the ways that our workplaces and communities are impacted by stress, adversity, and suffering.

More information [HERE](#)

### Special Opportunity! Coaching for Coaches: With CCAR Master Coach, Phil Valentine

With over 25 years of experience in coaching and facilitating, **Phil Valentine** will lead these sessions to sharpen the skills of Recovery Coaches. Drawing on lessons learned and



practical examples, Phil seeks to challenge participants with the intention of developing their personal art of recovery coaching.

Participants in each session will: Gain practical knowledge and skills to navigate real life scenarios • Deepen their own self-awareness • Identify and set goals to fill any gaps in skill and/or knowledge.

**More information & registration link here**



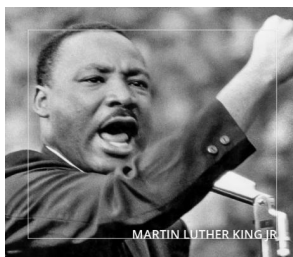
# COACHING FOR COACHES

WITH MASTER COACH, PHIL VALENTINE

DATE: JANUARY 26TH  
TIME: 9:00-10:30 AM (EST)



SCAN ME



MARTIN LUTHER KING, JR.

### REVOLUTIONIZING THE DREAM: CREATING EQUITY IN RECOVERY SPACES USING THE SPEECHES OF MARTIN LUTHER KING, JR.

We invite you to join our panel & group discussion and be a part of the revolution! Join us for a panel & group discussion inspired by the words of Dr. Martin Luther King, Jr.

01.20.22  
6:00 - 7:30pm EST



“ A social movement that only moves people is merely a revolt. A movement that changes both people and institutions is a revolution. ”

*I Have a Dream* is Martin Luther King Jr.'s most well-known speech, however, most people are unaware of how it actually came about. King recited the first half of the speech directly from his written notes. Midway through, gospel singer Mahalia Jackson called out to him to tell the crowd about “the dream”. At that point

he abandoned his notes and improvised the remainder of the speech not from his notes, but the conviction he had in his heart for equality and freedom, resulting in one of the most iconic speeches in American history. Revolution is defined as a dramatic and wide-reaching change in the way something works or is organized or in people's ideas about it.

Join us as we seek to “revolutionize the dream” by abandoning the script and speaking from the heart about diversity, equity and inclusion in recovery spaces. Click [HERE](#) for more information & to register.

**Recovery Partners of Vermont**  
P.O. Box 3042  
Burlington, VT 05408-3042  
802.738.8998 | [info@vtrecoverynetwork.org](mailto:info@vtrecoverynetwork.org)



Recovery Partners  
of Vermont

FOLLOW US



I ❤️  
recovery

**RECOVERY DAY 2022!**

I ❤️  
recovery

Recovery Day will be held on **Wednesday, February 16th** from **9am to 1pm** on **Zoom**. Recovery Day is for everyone – from recovery supporters to people who are curious about their own recovery. Join us for a day of networking, testimony, personal stories, and recovery resources from around the state! All information & registration link may be found **HERE**.

**Recreation & Recovery**

# Sober Ski Weekends

## Dates

February 18 & 19

February 25 & 26

March 4 & 5

\$475 Per Person

2 nights lodging | 2 dinners | 2 breakfasts  
2 meetings | Wilson House hat & t-shirt  
2 lift tickets to Bromley | Snack pack for the mountain



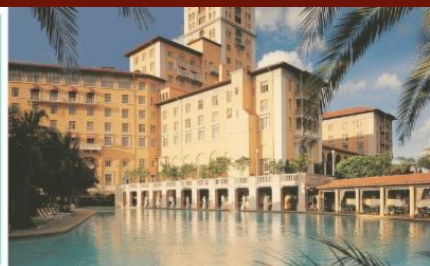
Register Online or  
Call to Book: 802.362.5524



The Wilson House of East Dorset



**SHERECOVERS**<sup>®</sup>  
— IN MIAMI —  
APRIL 22-24, 2022



Click here for more information  
SHE RECOVERS in MIAMI will highlight and celebrate strength, diversity,

inclusion, and innovation...by women for women. SHE RECOVERS in MIAMI will be every bit as spectacular as our first two conferences but with a fresh and fun twist. When surveyed after our last conference, our former guests told us they would prefer to do less sitting, have more time to connect with friends new and old, be given a little more down time to reflect and process, and enjoy more music! We listened.

