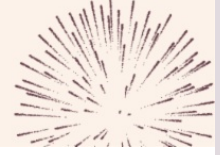


Recovery Partners  
of Vermont

Promoting wellness for all who are affected by  
Substance & Alcohol Use Disorders

August 2022



More New News...

a message from

Gary De Carolis



*Let me start by welcoming two new recovery organizations to the Recovery Partners of Vermont. The Turning Point Center of Addison County has rejoined the Recovery Partners of Vermont under the new leadership of Danielle Wallace. We are thrilled to have Danielle and her staff and board again be involved in our work. We missed them!!!!*

*And continuing on the theme of new, the Vermont Association for Mental Health and Addiction Recovery (VAMHAR) under the new leadership of Will Eberle has just become a member. This represents an amazing coming together of two organizations that can be such an important uniting force for Vermont's recovery organizations, their staff and the thousands of guests that are served in our recovery system. Already on the first day of Will's tenure he has asked to partner with us on a grant that would allow for our recovery organizations to do more outreach work for people who are struggling with an alcohol/substance use disorder.*

*Please welcome the Turning Point Center of Addison County and the Vermont Association for Mental Health and Addiction Recovery.*

*We are approaching Recovery Month as proclaimed by the federal Substance Abuse & Mental Health Services Administration. You will notice throughout the newsletter of events that will take place in many of our recovery organizations during the month of September. I encourage all our readers to get involved in one way or another with these activities. If you cannot make an event and are able to donate to your local recovery organization, please do. Every donation helps support the amazing work these organizations provide throughout our wonderful state.*

*Finally, I just want to mention that registration is now open for our Recovery is the Answer! Peer Support is the Way Conference to be held at the Killington Grand Hotel, Tuesday, October 18. The opportunity to learn from each other about the amazing work being done in our recovery organizations is amazing.*

***Register by clicking the Conference Flyer below!***

**Our First Annual Recovery  
Conference Registration is Live!!**

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# Recovery is the Answer!

## Peer Support is the Way!

### Professional Peer-to-Peer Development Conference 2022

Reserve Your Tickets Now!

Limited capacity!

Free for ALL members!



REGISTER



### Keynote Speaker

Tracie's recovery began at the TPC of Rutland where she attended her first 12-step meeting. Her greatest accomplishment as Director was developing the Correctional Recovery support program at Marble Valley Regional Correctional Facility in Rutland, VT.

- *Panels* on Supporting Youth Communities; Trauma & Addiction
- *Discussions* about the Value of a Stable Home & Parents in Recovery; Stigma of Addiction
- *Workshops* on Optimizing your Digital Presence and more!
- Full agenda on registration site!!

10.18.22

Killington

Grand Hotel

Questions?  
Email Gary De Carolis at  
[gary@vtrecoverynetwork.org](mailto:gary@vtrecoverynetwork.org)

**"Shared Knowledge, Shared Wisdom and a Celebration of the diversity of services and supports in Vermont's recovery organizations."**

We envision a recovery-oriented system of care that supports self-directed pathways to recovery by building on the strengths and resilience of individuals, families and communities.



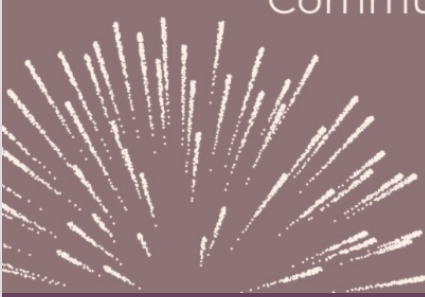
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# Member Spotlight

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Are you looking for a new career? Not sure which direction you'd like to steer your life in? Unsure about what really sparks your interest? Need assistance with building a resume or filling out an application? Maybe you just need to sharpen up your interviewing skills? Stop down to the Journey to Recovery Community Center every Friday for *Labor on Location* with the VT Department of Labor to find help with all that & more!

Employment is vital for someone entering recovery. Employment can benefit someone in more ways than just getting a paycheck such as, money management; time management; effective communication skills; stress management; sense of independence & ownership; self-confidence; reintegration into society, just to name a few. If this is something that you, or someone you know, may benefit from stop down to the Journey to Recovery Community Center in Newport, VT!



*Stigma in the Workplace* | video created by United Way of Northwestern VT



*of him being able to get through the beginning stages*

# **VFOR IS HIRING!!**

**POSITION: MEN'S HOUSE MANAGER**

## **VERMONT FOUNDATION OF RECOVERY**

**Is looking to hire a house manager for its men's house in Rutland VT. If you are interested please send a resume, cover letter and two personal references to [operations@vfor.org](mailto:operations@vfor.org)**

Job purpose: To provide oversight and support for VFOR house members

Availability: These are full-time positions that will require you to work some nights and weekends

[Read the Full Job Description Here](#)



**Jenna's Promise has a number of exciting opportunities to join their team!**

Jenna's Promise is seeking a peer recovery support specialist, a case manager, as well as a Director of Jenna's Promise Recovery Residences. We are also hiring an administrative coordinator and our first Workforce Development and Education Coordinator for an amazing new program! Interested? Apply [HERE!](#)

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# We Need Your Help



## with Naming our Newsletter!!!



Submit your two  
best names and  
the winner gets  
a PRIZE!!!

[Vote Here!!!](#)

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Welcome our  
newest members!



"Providing peer-based recovery support to all;  
we seek to enhance the spiritual, mental,  
physical, and social growth of our community  
affected by substance use disorders and  
addictive behaviors."

Turning Point Center  
of Addison County



"To provide recovery leadership. From your house  
to the White House. From nationally certified  
academies to recovery coaches in the Emergency  
Department. From information services to  
certified recovery residences. All rooted in  
evidence-based and strength-based practices."

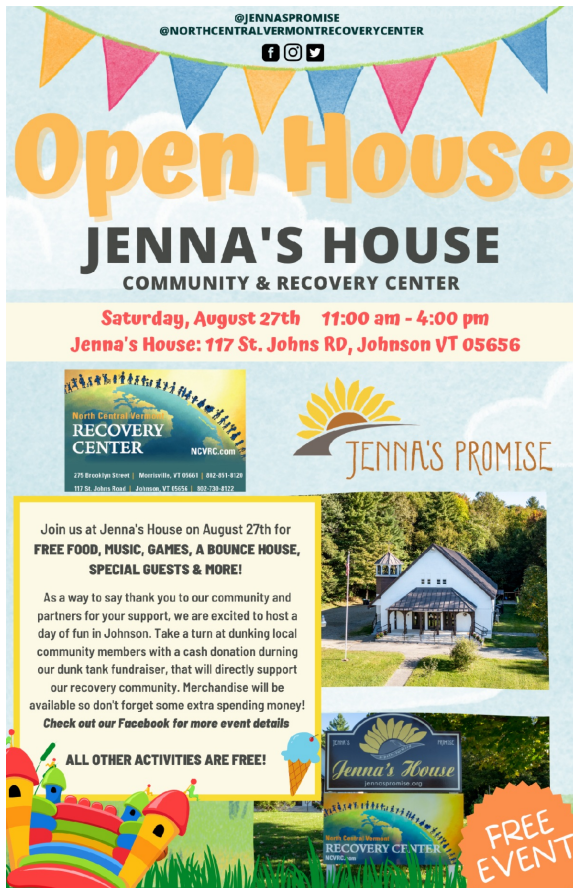


Vermont Association for  
Mental Health &  
Addiction Recovery

Recovery Month is  
Almost Here!!

All across the state of Vermont in the  
month of September our members will be  
hosting all kinds of Recovery-oriented  
events for the whole family! Click the link  
below to see what's happening in your area!

# COMMUNITY RESOURCES



## Open House at Jenna's House

As a way to say thank you to our community and partners for your support, we're excited to host a day of fun in Johnson, 8.27.22 | 11-4PM, at Jenna's House for free food, music, games, a bounce house, and special guests. All are welcome! Everyone can take a turn at dunking local community members with a cash donation that will directly support our recovery community, during our dunk tank fundraiser.

We will have two presentations on: Recovery Friendly Workplaces; & Recovery Residences: What are they, and why are they important? Learn about programs offered, Acudetox, meditation and more! This event is co-hosted by Jenna's Promise and the North Central Vermont Recovery Center.

Learn more [HERE!](#)

## Open House at Journey to Recovery Community Center

Come join the staff and friends at the Journey to Recovery Community Center for an open house! Free ice cream and hot dogs! The Local radio station MOO92 will be broadcasting live from the center! Activities for kids and more!

Stop by and see what a Recovery Center is all about! Meet the staff, check out the incredible garden that's on site and just have a great family fun time!

The following Wednesday 8.31.22, International Overdose Awareness Day, join JTRCC for a Candlelight Vigil to honor those we've lost. Learn more about this

HERE.



**OPEN HOUSE**

*Journey To Recovery*  
Bringing Awareness To Our Community Struggling With Substance Misuse  
802-624-4156 OR [WWW.JTR-CC.ORG](http://WWW.JTR-CC.ORG)

**Come Join Us**  
**Saturday August 27, 2022 From 11:00-3:00pm**  
**212 Prouty Drive Newport VT, 05855**

ENJOY SOME:  
LIVE MUSIC FREE ICE CREAM AND HOT DOGS MOO 92 LIVE REMOTE  
ROCK PAINTING AND FUN FOR ALL KIDS



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## ADVOCACY RESOURCES

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National Fentanyl Prevention and Awareness Day August 21

# STOP THE STIGMA

Fentanyl misuse can happen to any person regardless of their income, age, race, ethnicity, or gender.



[facingfentanylnow.org](https://facingfentanylnow.org)

Visit our Website

TIME TO REMEMBER.  
TIME TO ACT.

International Overdose Awareness Day  
31 August



**Speak Up Vermont**

Join The  
**Vermont Overdose Prevention Network**

**August 31st from 5pm to 7pm**

**On the State House Lawn in Montpelier**

**#END OVERDOSE**



Post a Tribute to a Loved One



**NORA VOLKOW**

Director of the  
National Institute  
on Drug Abuse (NIDA)



7/11/2022

The Addiction Recovery Channel

Join Ed Baker, MSW, and his noted guest, Dr. Nora Volkow, as they discuss the consistently accelerating velocity of drug overdose death in America. The relationship between the deadly force of stigma and the unprecedented lethality of fentanyl will be explored. Current Harm Reduction Interventions and their necessity and effectiveness during this time of public health crisis will be discussed. The effectiveness and potential of Overdose Prevention Sites will be investigated.

Listen Here!

# PROFESSIONAL DEVELOPMENT

[mentalhealthfirstaid.org](http://mentalhealthfirstaid.org)

Vermont's Statewide Mental Health  
First Aid Initiative

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**Statewide Local Y/MIHA Coordinator Contact List**

**Association of Africans Living in Vermont**  
Thato Rutsibe  
trutsibe@aali-vt.org  
802-985-3306

**Clara Martin Center**  
Christie Everett  
cverett@claramartin.org  
802-728-4466 ext 563

**Howard Center**  
Kristin Rajewski  
krajewski@howardcenter.org  
802-488-6000 ext. 6726

**Health Care and Rehabilitation Services of Southeastern VT**  
Jack Heddon  
jheddon@hcrs.org  
802-885-4567

**Lamoille County Mental Health Services**  
Chris Glowac  
ChristinaG@lamoille.org  
888-5026 Ext. 171

**Northeast Kingdom Human Services**  
Janet Mussey Monette  
jmonette@nkhhs.net  
802-334-6744 ext. 2135 | 802-748-3181 x 1364

**Northwestern Counseling and Support Services**  
Lance Metayer  
lance.metayer@ncsinc.org  
802-582-8039

**Rutland Mental Health Services**  
Tom Cox  
tcox@rmhsczn.org  
(802) 775-2381

**United Counseling Services**  
Amin Niles  
ANiles@UCSUT.org  
(802) 442-5491

**University of Vermont**  
Anne Valentinne  
Anne.Valentinne@uvm.edu  
802-656-0441

**Vermont Lend**  
Virginia Diambou  
Virginia.Diambou@vmlend.uvm.edu  
802-656-0204

**Washington County Mental Health Services**  
Kirk Postlewaite  
kirkp@wcmhs.org  
802-229-1399 ext 702

**COMMUNITY FIRST**  
Vermont's Statewide Youth/Mental Health First Aid Initiative

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**WHO CREATED THE COURSE?**

Mental Health First Aid USA is coordinated by the National Council for Behavioral Health, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health. Since 2008, more than 100,000 individuals have taken the core Mental Health First Aid USA course, which is intended for all adult audiences. Mental Health First Aid USA worked with experts at the National Technical Assistance Center for Children's Mental Health at the Georgetown University Center for Child and Human Development to develop the youth program.

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**WHERE CAN I LEARN MORE?**

For more information about Community FIRST, or to set up a youth or adult Mental Health First Aid training in your area please contact Lance Metayer (802) 582-8039  
lance.metayer@ncsinc.org or visit

[vermontcarepartners.org](http://vermontcarepartners.org)

**802-582-8039**

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**VERMONT CARE PARTNERS**

**COMMUNITY FIRST**



## Youth and Adult Mental Health First Aid - Vermont Care Partners

*Mental Health First Aid* is an 8-hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in youth or adults, builds understanding of the importance of early intervention, and teaches individuals how to help when a person is in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help care.



## Finding the Balance: Coaching with Co Occurring Conditions

with master trainer Hannah Rose

by Turning Point Center of Windham County

Substance Use Disorder is often coupled with mental health conditions. With Covid-19, we have seen a dramatic increase in these issues. Finding the Balance is a training to assist recovery coaches in working with folks that are experiencing co-occurring disorders. The training includes an exploration of six common conditions, the brain impact and tools and tips for coaches while staying in the coaching lane.

*This is a virtual 2-part training held on August 25th & September 1st, 2022 | 1-5PM  
Reserve your FREE virtual tickets below!*

[Register HERE](#)

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RECOVERY  
RESEARCH  
INSTITUTE



MASSACHUSETTS  
GENERAL HOSPITAL



HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL

**Recovery Seminar #18: Results of our nationwide survey of RCCs (Part 1):  
Description of currently operating RCCs, their services, and the communities they  
serve**

Welcome back from summer break – and happy Recovery Month! As part of our NIDA-funded effort to advance the science on RCCs, and sparked by conversations with you all, we have conducted a nationwide survey of RCCs to capture how many RCCs currently exist, in which communities they operate, what services they provide, and how

they interface with related systems of care (e.g., healthcare, faith-based organizations, community services). During this seminar, we will present the findings of this survey. Our goal is to reflect together with seminar participants on these results and discuss their implications for future research and current practices.

[Register Here](#)



*You could save someone's life.*

Find the nearest  
Vermont Narcan Distributor

[CLICK HERE](#)



Every Dollar Makes  
a Difference



**Recovery Partners of Vermont**  
P.O. Box 3042 | Burlington | VT | 05408-3042  
802.738.8998 | [info@vtrecoverynetwork.org](mailto:info@vtrecoverynetwork.org)

**FOLLOW US**



Recovery Partners of Vermont | P.O. Box 3042 , Burlington, VT 05408-3042

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