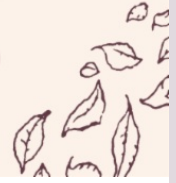




Promoting wellness for all who are affected by
Substance & Alcohol Use Disorders

Recovery Roundup

November 2022



Announcement!!!

Thank you for your help picking our Newsletter name!
It's with great joy that we announce the winner.....



"Recovery Roundup"

Fellowship

a message from
Gary De Carolis



This past month we had our first annual Recovery is the Answer! Peer Support is the Way Conference at the Killington Grand Hotel and Conference Center. Looking over the surveys we received from participants a few things struck me. First and foremost, participants loved that they could all be together in one place and celebrate their work in recovery organizations around the state. Some of that can be attributed to having been isolated for the past 2.5 years because of covid but more likely it was because for the first time all staff of our 12 recovery organizations were able to come together and celebrate who they are and the amazing work that they do every day. The message to the 190 participants was that they mattered!! From the swag bags to the no cost to attend, to the 16 workshops offered by their peers all said, “your work is important and so are you!!!!”

As most of you know who are reading this newsletter the work done in Vermont’s recovery organizations is lifesaving, difficult at best and performed with love and care knowing that you could be working in other organizations with better pay and benefits. Staff, supervisors, executive directors, and board members come to this work because of the passion they have to help their fellow Vermonter who has an alcohol or other substance use disorder. Being able to spend a day of their lives with each other to celebrate their own recovery, learn from each other and leave with a sense of state-wide fellowship is priceless. I’m glad we did it and we look forward to a bigger and better conference next year!!

Mark your calendars – October 19-20, 2023!!



Recovery Partners
of Vermont

Recovery is the Answer!

Peer Support is the Way Conference

10.18.22 | 8am-4pm | Killington Grand Hotel, VT

Lead Sponsor



MEDICAL • DENTAL • BEHAVIORAL HEALTH



Thank you to ALL
our Sponsors!

Mark Helijas
Recovery Pioneer Award
1st Recipient
Mark Helijas

Keynote Speaker
Tracie Hauck
Executive Director
Turning Point Center
of Rutland



Elizabeth Skarie
Feeley Properties
Jim & Clorinda Leddy
Treatment Associates



Bottomline Bookkeeping Inc.

Watch a recap of our First Annual Recovery is the Answer! Peer Support is the Way Conference! We can't wait for next year's!

Recovery is the Answer!

Peer Support is the Way Conference 2022

Killington Grand Hotel

Killington, VT | 10.18.22

Thank you to all our sponsors!!



Elizabeth Skarie
Feeley Properties
Farrell Properties
Jim & Clorinda Leddy
Treatment Associates
Bottomline Bookkeeping Inc.



Meet our new Development Team



Marielle Stokes
Director of
Development

Marielle started her journey in fundraising, working as the Fundraising Coordinator for the Turning Point Center of Chittenden County in 2018. She then felt a calling to return to school and work towards an associate's Degree in Business in hopes of someday establishing her own non-profit organization. Working at a recovery center made her realize how much of a need there was in our community for people in recovery to have a safe place to hang out and have fun without using drugs and alcohol. Her dream is to open a sober bar. As a person in recovery, she is also a single mom of three beautiful young children. She loves to exercise and enjoy nature with her Siberian husky, Jocco.

.....



Amanda Nevuis
Development
Officer

Amanda was born and raised in Windsor County but now lives in Boston where she moved for school and work. After completing her Masters, she worked for just over 10 years in academic health sciences libraries where she honed her research and writing skills. As a person in long-term recovery herself, she's excited to be pivoting into grant writing for the nonprofit recovery community. In her free time, she reviews books, writes speculative fiction and poetry, gardens, and spends time with her husband and their talkative tortie.



SILENT & LIVE

Auction



**4 PM -
8 PM**

JENNA'S HOUSE

117 St. Johns RD
Johnson, VT 05656

**NOV
19TH**

All proceeds raise funds for recovery residence scholarships and Lamoille's recovery community.

Connecticut Valley Addiction Recovery
Presents

OVERDOSE AWARENESS & GRIEVING

for families & friends

Addiction is not a character flaw, or a moral failing, or something you could have “fixed.” It’s an illness just like any other, and it impacted your loved one’s brain and body.

Please join us for an evening of support, true stories, empathy, & resources

When: November 17, 2022 @6:00pm

Where: 220 Holiday Drive Suite A
White River Junction VT

(802)698-0229 or (802)674-9400



UPPER VALLEY

TURNING POINT

The Annual Thanksgiving Potluck Dinner is BACK!!!

Thanksgiving Day
November 24th
1:30PM

Upper Valley Turning Point Center will
provide meat and potatoes!
Bring a side dish or dessert to share
with others!

Volunteers always welcome and
appreciated! Contact Upper Valley
Turning Point to sign-up for
volunteering.

200 Olcott Drive, White River Junction, VT
802.295.5206



TURNING POINT RECOVERY CENTER
OF SPRINGFIELD, VERMONT



Thanksgiving
Drive-Thru
2022

THURSDAY, NOV. 24TH

TAKEOUT AVAILABLE FROM
12:00 PM- 3:00 PM

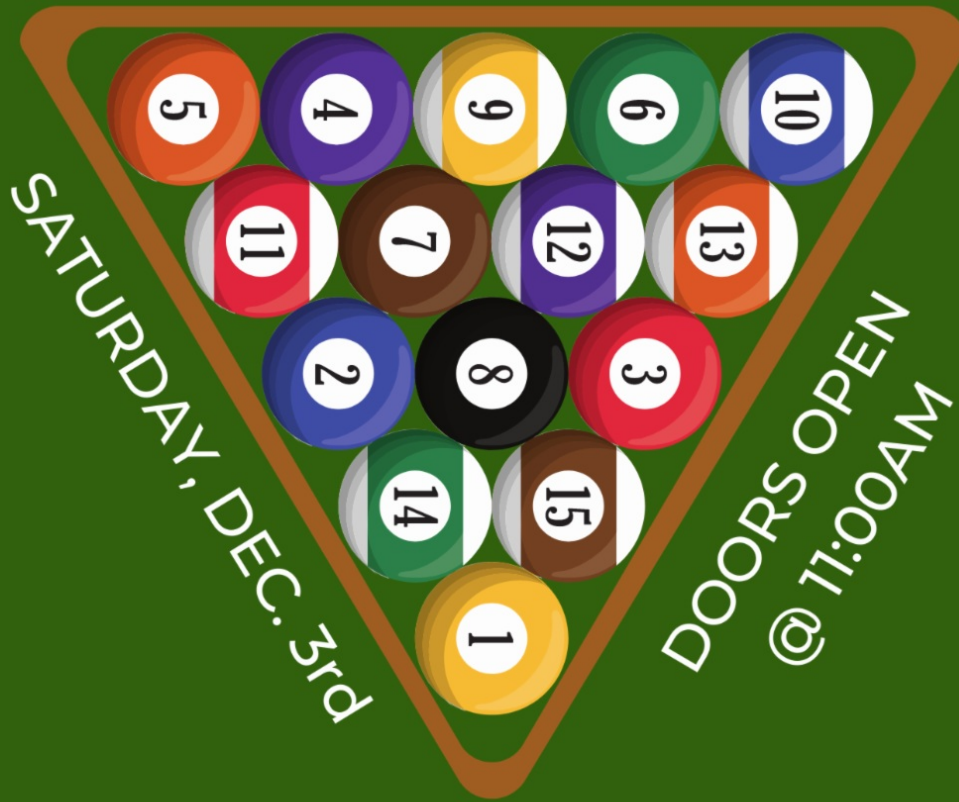
7 MORGAN STREET,
SPRINGFIELD, VT,
05156

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place your order(s) via phone,
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POOL TOURNAMENT

802.295.5206

kcoleman@secondwindfound.org

Call or email
to sign up or
stop in the
office



200 Olcott Dr.
White River
Junction, VT



TURNING POINT

RECOVERY CENTER of BENNINGTON, VT

HOLIDAY
PARTY
&
OPEN
HOUSE

14TH DEC 2022
5-7:30PM

COME JOIN US IN OUR NEW SPACE
AND CELEBRATE ALL WE HAVE
ACCOMPLISHED TOGETHER IN THE
PAST YEAR!
EAT, DRINK AND BE MERRY!

160 BENMONT AVE,
FOURTH FLOOR
802-442-9700

Resources

Seeking treatment for Heroin or other Opioids? You may be eligible for a research study.

What is the purpose of this study?

To test treatment approaches, including medications, to help patients with opioid use disorder stay in treatment.

Who can participate?

You may be eligible if you:

- Have Opioid Use Disorder (OUD)
- Are at least 18 years old

Time or other commitments required of participants:

- 1 Screening Visit
 - 24 in-Person Visits (over 1.5 years)
 - Medication for OUD
 - Medical Management visits
 - Access to a mobile health app called Pear-002a*
 - 3 Follow-Up Visits (over 0.5 years)
- *offered to 50% of study participants*

Participants will receive:

- Medication for OUD
 - Medical Management visits
- Access to a mobile health app called Pear-002a*
**offered to 50% of study participants*

Is compensation provided?

Yes. You will be compensated for participating in this study.

To participate, please contact:

RDD Study Team
(603) 727-8891
RDDstudy@hitchcock.org



Click for More
Information

Are you someone working in the recovery field and/or working on your own recovery? Are you a family member supporting your loved one through a difficult time? Lasagna Love wants you to know we see you and we would love to show our support by cooking you a homemade lasagna! At Lasagna Love we strive to be inclusive and welcoming of all people. Need can present itself in many ways, and we'd love to make it just a bit easier for you one day soon! There are volunteers in your area that are ready to thank you for saving lives and bringing families together. You are truly doing some of the hardest work out there and we thank you.

- Requesting is easy
- Allergies can be accommodated
- No strings attached at all
- Absolutely complimentary meal cooked by your neighbor with love, just for you!

Request a meal for yourself or nominate someone in your life:

www.lasagnalove.org/request



LASAGNA LOVE IS HERE FOR YOU



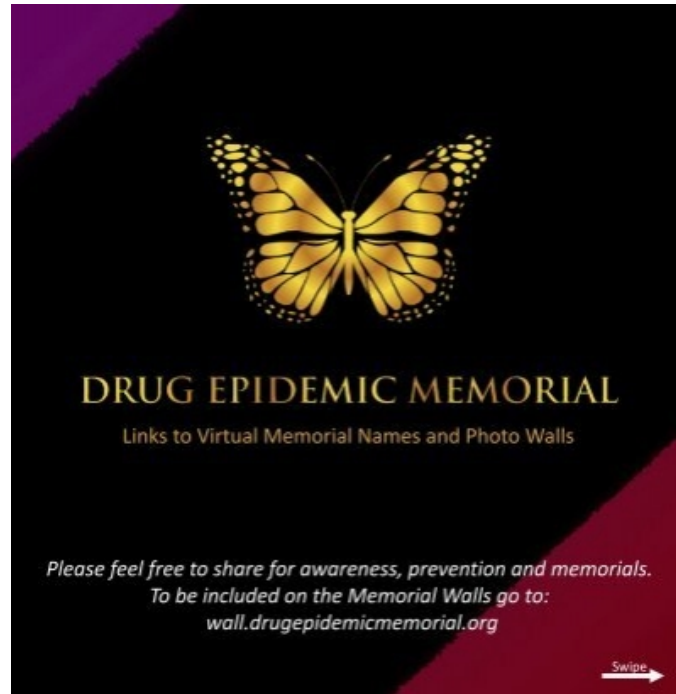
We Feed Families ~ Spread Kindness ~ Strengthen Communities

**MY HEALTHY
VERMONT**

Workshop Dates for All - MyHealthyVT

Online workshops are available to any Vermonter from any location. A computer or smartphone with a reliable internet connection is required. We also recommend making sure your web browser is up to date. You'll find workshops on Diabetes Management, High Blood Pressure, Quitting Smoking and MORE!

[Read More HERE!](#)



Virtual State Memorial Photo Walls

Find a private, quiet space and take some time to scroll through the country's memorial wall. If you wish, add to the wall.

[Scroll Through the Memorial Wall](#)

[Add to the Memorial Wall HERE!](#)



Tips to Help Make the Holiday's a Little Easier

- Create a plan that benefits you and your wellness.
- Rewrite your holiday story in your head.
- Be with the people in your life that make you happy, comfortable and safe.
- Attend a meeting and be aware of local meetings just in case you need one.
- Stick to your plan and create an exit plan.
- Take a break.
- If you're not comfortable, leave.



Do what makes YOU happy!



State Certification Directory

Welcome to the Peer Recovery Center of Excellence's State Certification Directory for Peer Recovery Support Specialist Training. This directory contains information regarding the training and certification processes for all 50 U.S. states, 5 U.S. territories, and the District of Columbia. The certification information in this directory covers state certification in mental health, substance use, integrated, family, and family and adult.

[Read More](#)

What is Xylazine?!

Professional Development



Employment Opportunities for ALL!

Are you looking for a new direction within
the recovery community?

There are multiple opportunities within our
organization where you may find a new and
exciting job or career!

- Recovery Case Manager
- Men's House Manager
- Compassionate Care Workers
- And More!



Apply to the many opportunities [HERE](#)



Exploring Client Referrals: It's Warm, but not a Handoff - Peer-Active Training.

Peers play an essential role in helping to ensure a quality continuum of care for the individuals they serve. The presence of peer workers in organizations often enhances the reach and success of recovery support and HIV services. Peer workers often help to establish and enhance partnerships between organizations, while reaching individuals in communities of color, addressing stigma, and connecting individuals to much-needed health and social services.

The purpose of this webinar is to provide information on establishing and maintaining effective referral processes both inside and outside of peers' respective organizations.

[Register Here](#)



friends of
**Recovery
Vermont**

**Open Practice
Session**

Motivational Interviewing

Open Practice: Motivational Interviewing - Recovery Vermont

Motivational Interviewing: Open Practice for Recovery Coaches Training
Description: Join Will Roberts and Lisa Lord from Recovery Vermont for an open Motivational Interviewing practice session. Motivational Interviewing is a client-centered, evidence-based, directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. During this one-hour training, we will have brief instruction to brush MI skills.

[Register for this event HERE!](#)

friends of Recovery Vermont

RCED - Recovery Vermont

Recovery Coaches in the Emergency Department About the Program
The Recovery Coaches in the Emergency Department (RCED) program was established in 2018, with the goal of serving individuals presenting with substance use disorders in the Emergency Department. This program was created by establishing partnerships between the Vermont Department of Health, Vermont's Recovery Centers, and their local hospitals.

Register [HERE!](#)



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a Difference



Recovery Partners of Vermont
P.O. Box 3042 | Burlington | VT | 05408-3042
802.738.8998 | info@vtrecoverynetwork.org

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