



## Recovery Roundup | August 2023

*Promoting wellness for all who are affected by  
Substance & Alcohol Use Disorders*

### 7 Days a Week

a message from

*Gary De Carolis*



*Why is it important for a recovery center to be open 7 days a week? That was a question that I recently was asked. We have several of Vermont's recovery centers that do just that, 7 days a week, 365 days a year. I'm a strong proponent of being open every single day of the year. When I think back at my years as the Executive Director of the Turning Point Center of Chittenden County, I clearly remember those guests who came to our center every day for as many as 6 months straight. I remember one woman guest who showed up every day. One day I went over to talk with her and check in to see how she was doing. She said "I'm new in recovery and your center has given me a safe place to be. I'm afraid of what is out there for me." I told her how honored we were to have her at our center and encouraged her to feel right at home for as long as she needed. Over the months I would periodically check in with her and I noticed the amount of time she was at the center eventually diminished. Eventually she felt strong enough to venture out into the community. She found a job, even started a relationship. The weeks passed and she realized that she was no longer coming into the center. I can't tell you that there was a happy ending to this situation because I don't know but I can tell you that many guests over the years came into our center every day for weeks and months. They needed to build up their recovery capital. The safe space that we offer is priceless to people in recovery and especially those that are in the early stages of recovery. It can be the difference between life and death. So that's why a recovery center being open every day of the week is important. Building that new recovery community is essential for someone to achieve a life moving forward in full recovery. My hope is that with the new support of the Vermont legislature this past year more of our recovery centers can achieve that "open every day" status.*

2nd Annual

# Recovery is the Answer!

Peer Support is the Way Conference,  
Recovery Stars Benefit Dinner & Auction!



Keynote Speaker

Tom Bodett  
Author, Voice Actor &  
Founder of HatchSpace

Mark Helijas  
Recovery Pioneer Award

Tracie Hauck  
Executive Director  
Turning Point Center of Rutland



20 workshops  
offered!!



Sen. Richard  
Westman

Recovery  
Stars Award



Rep. Dane  
Whitman

Guest Speaker

Ben Tuff  
Founder of Swim Tuff



Killington  
Grand Hotel  
Killington, VT



Lead Sponsors



CARRISREELS

Register for Conference & Dinner Here!!

## Our Member Job Openings



Are you looking for a new *direction* in your life?  
Are you looking for a new *purpose*, where you  
can help others on their journey to recovery?  
Many of our members are hiring, see below for  
a full list and learn how to apply!



- *Turning Point Center of Central VT* - Recovery Coaches | See job description **here** to learn how to apply.
- *North Central VT Recovery Center* - Parents in Recovery Program Coordinator, Peer Recovery Coach and Peer Recovery Coach in the Emergency Department - Learn more and apply **here**.
- *Kingdom Recovery Center* - Recovery Coaches and Recovery Coaches in the Emergency Department | Learn more and apply **here**.
- *Vermont Foundation of Recovery* - House Managers in St. Johnsbury, Rutland, Essex, Barre and St. Albans - See job description **here** to learn how to apply.
- *Journey to Recovery Community Center* - Recovery Coaches | Learn how to apply **here**.
- *Jenna's Promise* - Administrator Coordinator | Learn more and apply **here**.
- *Turning Point Center of Addison County* - Director of Marketing and Development, Parents Recovery Coach, Recovery Coach |



# Professional Development

## friends of **Recovery Vermont**

### Group Facilitation Training

Fill out Application  
Here

Join Recovery Vermont for this 3-hour training that will provide those responsible for leading recovery meetings with the key skills needed to facilitate and host effective meetings. Learn practical skills on how to facilitate recovery groups, start your own, and run a successful group. We will talk about boundaries, setting the time and space expectations, as well as tools on how to keep the group on track.



### Peer Recovery Support Specialists: It's Not About Us: De-centering Ourselves in the Provision of Peer Support

In this community of practice, we'll discuss ways to divorce ourselves from the outcomes of the services that we provide. We'll explore the importance of understanding that we are not responsible for the people we provide services to, redefining what successful outcomes can mean, and how to re-center the needs of the people that we're working with.

Register Here

### Learning Objectives:

1. Discuss xylazine's history, pharmacology, clinical effects, and epidemiology.
2. Discuss xylazine's contribution to the opioid epidemic.
3. Discuss xylazine's contribution to opioid withdrawal and treatment of patients with opioid use disorders.



### Xylazine - An Introduction to a New Drug

Register Here



## Treating Substance Use Disorders in Older Adults

### Learning Objectives:

- Identify commonly used drugs for older adults and the risk associated with these substances.
- Describe logistical differences in treating and responding to older adults with SUD.
- Present affective treatment strategies for treating older adults.

[Register Here](#)



### When Conversation Turns to Suicide, September, 2023

When Conversation Turns to Suicide is a 16-hour training based in the Alternatives to Suicide approach, and intended as an alternative to ASIST, QPR, and similar approaches that remain rooted in conventional medicalized systems. This training is open to providers, family members, peer supports, first responders, and anyone else who wants to learn how to offer support to someone who is suicidal.

[Register Here](#)



### 6 Session Class: Working with Hearing Voices & Unusual Beliefs (Feb '24)

Participants in this 6-session training will learn how to better understand and support people to make meaning of their experiences with voice hearing and/or unusual beliefs or what gets called "paranoia." Attendance at all sessions is required to fully complete the training. All sessions will be held on-line, and all times listed are in Eastern USA time. *Registration is required. Space is limited.* All sessions will be led by Peter Bullimore & company.

[Register Here](#)



New England (HHS Region 1)

**MHTTC**

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## Beyond Punishment: Building Bridges Through Restorative Justice

In this engaging workshop, you will learn effective strategies to shift from punitive measures to empowerment, equipping you to guide students toward taking responsibility for their actions. Gain insights into reducing recurrent challenging behaviors, fostering student self-regulation and empathy, and cultivating open lines of communication and collaboration.

[Register Here](#)

## Member Events & Triumphs

Join Kingdom Recovery Center for their Annual Walk for Recovery, followed by Food, Fellowship, and Family fun!! Come back at the end of the month for KRC's Annual Community Spaghetti Dinner!



KINGDOM  
Recovery Center

**R** | RECOVERY  
MONTH 2023

WALK FOR RECOVERY

*Community  
Celebration*

When:

Saturday, **Sept 9 2023**

Schedule of Activities:

**9a** Convene at KRC for  
Coffee & Sign Making

**10:30a** We Walk!

Together, Strong & Proud  
our route takes us from  
KRC to Chet Buck Park on  
Portland Street

**11:15a - 3p**

Food, Fellowship & Family  
Activities - DJ, Food,  
Games, Face Painting,  
Dancing & More



**RECOVERY IS FOR EVERYONE**  
Every Person. Every Family. Every Community.



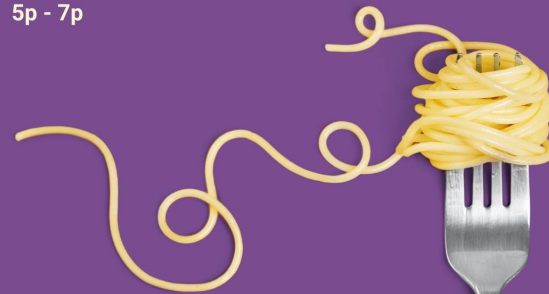
*Recovery Month*

Annual Spaghetti Dinner



SATURDAY, SEPTEMBER 30

5p - 7p



Bringing People And Recovery Together

**R** | RECOVERY  
MONTH 2023 **RECOVERY IS FOR EVERYONE**  
Every Person. Every Family. Every Community.

Stop by Turning Point Center of Rutland to get your raffle

tickets now!! Show your support by grabbing a booth by contacting Michael Daly at the center.



## **Stomping Out Stigma**



**When:** Sep 16, 2023 Time 11AM to 3PM

**Where:** Meadow Street Park, Rutland VT

**Contest:** Hotdog Eating Competition

**Free Food:** Hotdogs, Chips, Water

\*Face painting, Corn Hole, Dunk Tank, Circus Bounce, Kid

Friendly, Paramount Raffle, Recovery Merchandise and so much more.

**Raffle Tickets 1 for \$5.00 or 5 for \$20.00**

\*Please join us in raising awareness and reducing stigma while we celebrate our recovery community and all those who have supported us along the way.

\*If your organization would like to show support and join the celebration and would like a spot to put your booth please contact Michael Daly at [mdaly@tpcrutland.org](mailto:mdaly@tpcrutland.org)

Turning Point Recovery Center of Bennington is gearing up for their 8th Annual Light the Night for Recovery Lantern Release - swing in and light the night to show your support for recovery!



# 8<sup>TH</sup> ANNUAL LIGHT THE NIGHT FOR RECOVERY LANTERN RELEASE



**Sunday, Sept. 10, 2023**

**5:30pm - 8:00pm (Dusk)**

**Upper Willow Park, Bennington, VT**

**TURNING POINT CENTER OF BENNINGTON** invites you to join us  
as we come together to remember lives lost and renew our  
commitment to those who struggle with Substance Use Disorder.

**Special Guest Speakers ♦ Food ♦ Beverages ♦ Music!**

**Please bring a chair or a blanket. Lanterns released at dusk.  
For more information: (802) 442-9700**

**HOPE STARTS HERE**

Grab a slice or two with Pastor Malcolm at Turning Point  
Recovery Center of Springfield every Wednesday!



# Slice of Spirituality

WITH PASTOR MALCOLM



**Turning Point Recovery Center**

7 Morgan Street,  
Springfield, Vermont 05156

**802.885.4668**

**Weekly on**

**Wednesdays**

1:00 PM - 2:00 PM

Spiritual care in recovery.

Questions? Please contact [info@spfldtp.org](mailto:info@spfldtp.org)

Jenna's Promise 3rd Annual Open House & Community Gathering focused on the flood response and champion community members who went above and beyond in flood recovery efforts! Thank you to all who participated and came to show their love and support for their community!





JENNA'S PROMISE  
3RD ANNUAL OPEN HOUSE  
**COMMUNITY GATHERING**  
RECOVER, REBUILD, RISE

@JENNASPROMISE @JENNASHOUSE





JENNA'S PROMISE

Fundraiser

**SILENT & LIVE**

*Auction 2023*

**4 PM -  
8 PM**

*2nd Annual*  
**JENNA'S HOUSE**  
117 St. Johns St.  
Johnson

**SEPT  
30TH**

Join Turning Point Center of Chittenden County in celebrating recovery! August 26 at the City Hall Park in Burlington, VT!



# ★ RAVING FOR RECOVERY



★  
5PM DJ CHIA  
6PM DJ PHILTHAAY  
7PM LIVE BAND:  
**SOULSTICE**



**CITY HALL PARK ★ BURLINGTON, VT  
SATURDAY ★ AUGUST 26 ★ 430-9PM**



**FREE!  
FAMILY FRIENDLY!  
FOOD VENDORS!  
PLEASE, SUBSTANCE FREE!**



BROUGHT TO YOU BY THE TURNING POINT CENTER OF CHITTENDEN COUNTY, BURLINGTON CITY ARTS, & THESE GENEROUS BUSINESSES!



Resources





International Overdose  
Awareness Day

31 August

TIME TO  
REMEMBER.  
TIME TO ACT.

Speak Up  
Vermont



Join The  
Vermont Overdose Prevention  
Network

August 31st from 5pm to 7pm

At City Hall Park in Burlington VT

#END OVERDOSE



---

### VT Flood Response & Recovery Fund 2023

When a disaster strikes, we all feel the impact and look for ways to offer help. The Vermont Community Foundation helps coordinate philanthropic response after disasters. The VT Flood Response and Recovery Fund 2023 was established to support



Vermonters in responding to and recovering from the catastrophic rainfall across Vermont in 2023.

[Donate Here](#)



## Recovery Month is Next Month!!

With the right treatment, support, and resources, recovery is possible for everyone. Together, we can make a difference in the lives of those in or seeking recovery from mental and substance use disorders. In this toolkit you'll find:

- Social media content to help spread awareness about the process of recovery and to share hopeful message that most people who get help do recover.
- Resources for learning about and supporting those in recovery.
- Promotional materials about recovery in September and beyond.

[Read More](#)

**I KNOW. . .**

It's frustrating to see me like this . . .  
You don't trust me anymore . . .  
You're scared I'll die . . .  
I could hurt or kill someone else . . .  
You're ready to give up on me . . .

**DID YOU KNOW. . .**

This disease I have fights me back  
when I try to fight it. I'm scared too . . .

**IF THIS WERE ANY OTHER DISEASE,  
WOULD YOU BE BY MY SIDE FIGHTING IT WITH ME?**

**I KNOW. . . YOU WOULD**

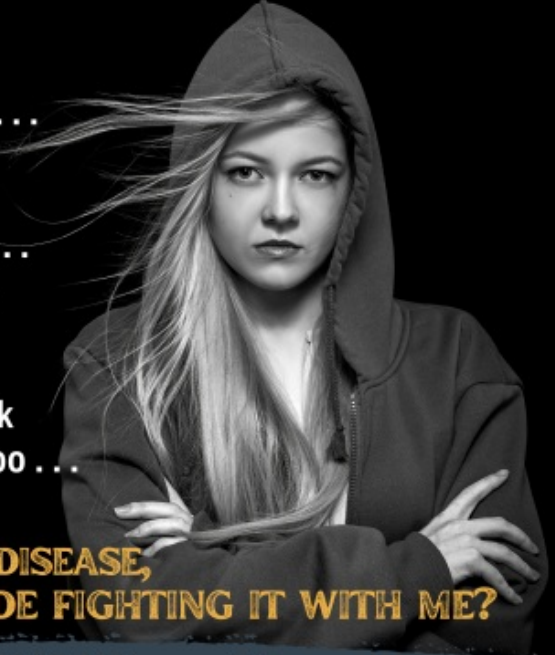
**North Central Vermont  
RECOVERY  
CENTER**

A judgement-free zone supporting all paths to recovery

275 Brooklyn St. #2, Morrisville, VT

802-851-8120

[ncvrc.com](http://ncvrc.com)





# TPRC of Springfield offers 24/7 Peer Support!

Free services that are available to you  
**24 hours a day, 7 days a week.**

- *Are you in need of some Peer/Recovery Support?*
- *Were you unable to reach the office because it was after hours?*
- *Are you calling because you'd like to speak to a Recovery Coach?*

## Please reach out.

Call our 24/7 Support Line at:



Unlocking the Potential of  
Recovery Community  
Organizations and Peer  
Recovery Support Services -  
Faces & Voices of Recovery

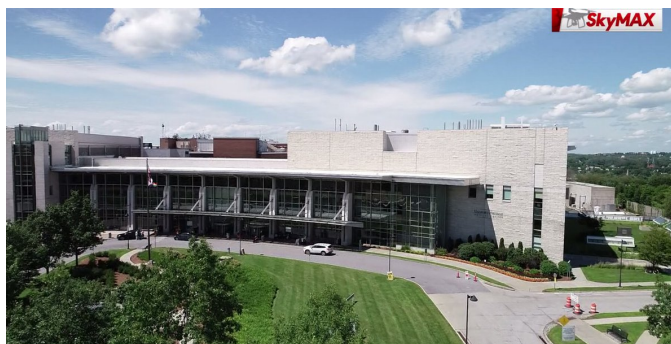
The "sweet spot"? For  
adolescents that attend  
residential treatment, 60 to  
90 days may be ideal

The shift toward recognizing addiction as a chronic disease has placed peer recovery support services in greater focus. Since the 2010 release of the Faces & Voices of Recovery (FVR) report, Addiction Recovery Peer Service Roles: Recovery Management in Health Reform, certified peer specialists delivering recovery services (peer workers) have become key components of interventions designed to improve recovery outcomes...

[Read More](#)

Financial constraints and high demand for limited treatment space require programs to strike a balance between the most effective treatment that can be delivered over the shortest period of time. This study linked long-term data from a treatment program, the justice department, and hospitals to explore what length of stay is associated with reduced risk of crime as well as hospitalizations among youth who attended residential treatment.

[Read More](#)



### [UVM Medical Center looks to make addiction treatment more accessible](#)

The University of Vermont Medical Center is looking to make addiction treatment more accessible with an integrated approach. Cam Lauf, the executive director of Turning Point of Chittenden County, says he sees day-to-day how addiction takes away the lives of its victims.

[Read More](#)



### [2021 Vermont Social Autopsy Report](#)

The overall purpose of the Social Autopsy Project is to identify opportunities

for interventions and programmatic changes to reduce overdose and overdose risk. The recommendations below were informed by the data in this report, along with input from the programs, data managers, and commissioners of the departments involved. Section one includes new recommendations and section two provides updates on some of the work that has addressed recommendations in previous iterations of this report.

[Read More](#)



### Executive functioning and impulsivity among individuals in recovery

Understanding the psychological processes that underlie recovery can help improve substance use disorder treatments. This study examined the potential roles of reward processes and executive functioning in the maintenance of abstinence among participants who selected to join an online registry of individuals in recovery from substance use disorder.

[Read More](#)



### *Have you visited our Memory Wall?*

A donation of any amount starting at 1 cent would allow you to have the name and picture of a lost loved one recognized on our Memory Wall forever. We will never forget the beautiful lives lost to alcohol or other substance use disorders.

Visit Memory Wall [HERE!](#)



When you donate to Recovery Partners of Vermont, you're ensuring that our members are supported through.....

DONATE NOW

ADVOCATING

FUNDRAISING

INFORMATION CLEARINGHOUSE

TEAM OF CONSULTANTS

TRAINING & MORE

*Give for Recovery!*



*You could save someone's life.*

Find the nearest Vermont Narcan Distributor

[CLICK HERE](#)

Did someone forward this to newsletter to you?

*If you'd like to receive our monthly newsletter, subscribe so you never miss a thing!*

[Subscribe Here](#)

Recovery Partners of Vermont  
P.O. Box 3042 | Burlington | VT | 05408-3042  
802.738.8998 | [info@vtrecoverynetwork.org](mailto:info@vtrecoverynetwork.org)

FOLLOW US



Recovery Partners of Vermont | P.O. Box 3042 , Burlington, VT 05408-3042

[Unsubscribe\\_gary@vtrecoverynetwork.org](mailto:Unsubscribe_gary@vtrecoverynetwork.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [gary@vtrecoverynetwork.org](mailto:gary@vtrecoverynetwork.org) powered by



Try email marketing for free today!