



Recovery Roundup | September 2023

*Promoting wellness for all who are affected by  
Substance & Alcohol Use Disorders*

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## First Annual Recovery Stars Benefit Dinner & Silent Auction

a message from  
*Gary De Carolis*



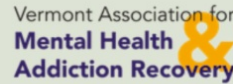
*We are excited to present on Tuesday, October 17th at 5pm the first annual Recovery Stars Benefit Dinner & Silent Auction at the Killington Grand Hotel, Killington, VT. This night is special for many reasons. First, Tracie Hauck, Executive Director, Turning Point Center of Rutland, will be receiving the Mark Helijas Recovery Pioneer Award for her innovative and successful work with recovery coaching with justice involved individuals, both those currently incarcerated and post incarceration. Her work has been groundbreaking. Secondly, this year's Recovery Stars Awardees are Representative Dane Whitman and Senator Richard Westman. Both played critical leadership roles in securing new state funding that for the first time will allow employees of the state's 12 recovery centers, Jenna's Promise and the many recovery residences (sober houses) of the Vermont Foundation for Recovery to offer competitive wages and benefits (health, dental, and eye care)!!!*

*Ben Tuff, author and star of the documentary Swim Tuff: How I Swam My Way Out of the Bottle, will address the dinner guests. TJ Donovan, former Vermont Attorney General, is the Emcee and Peter Malarly will be our live auctioneer. Our silent auction features an amazing suite of gifts for people to bid on. All proceeds go towards the operating expenses of the Recovery Partners of Vermont, as well as ensuring that our conference is free to all members, staff, board, and community partners. Finally, there will be a candle lighting for all those who we lost this past year. The dinner is \$45 for members and \$80 for non-members. If interested, please register at [vtrecoverynetwork.org/benefit-dinner/](http://vtrecoverynetwork.org/benefit-dinner/). Space is limited to the first 200 registered, so don't wait!*

*Let's make this first-time event a world class evening of fellowship and celebration. We want to thank all our sponsors who helped make this event possible! A special mention to our two Lead Sponsors: Community Health Administration of Rutland and Carris Reels. We are forever grateful for their support.*

# Thank you to ALL our Sponsors!

"Shared Knowledge, Shared Wisdom & a Celebration of the diversity of services & supports in Vermont's Recovery Organizations."



Elizabeth Skarie  
Feeley Properties  
Mcooley Mccoy & Co  
Bottomline Bookkeeping Inc.  
Aldous/Durfee/Barnard Funeral Homes

Register for the Recovery Stars Dinner Here!!

We're honored to announce we've been selected to receive a grant from the VT Flood Response & Recovery Fund of the Vermont Community Foundation for future Disaster Planning! This planning also includes Psychological First Aid training for *all* our members and their staff as well as RPV staff!

Thank you!



*Thank you, Amanda, Director of Development  
- Grants, for your incredible work!*

## Our Member Job Openings



*Are you looking for a new **direction** in your life?  
Are you looking for a new **purpose**, where you  
can help others on their journey to recovery?  
Many of our members are hiring, see below for  
a full list and learn how to apply!*



- *Turning Point Center of Central VT - Recovery Coaches | See job description **here** to learn how to apply.*
- *North Central VT Recovery Center - Parents in Recovery Program Coordinator, Peer Recovery Coach and Peer Recovery Coach in the Emergency Department - Learn more and apply **here**.*
- *Kingdom Recovery Center - Recovery Coaches and Recovery Coaches in the Emergency Department | Learn more and apply **here**.*

- *Vermont Foundation of Recovery* - House Managers in Barre and Morrisville - See job description **here** to learn how to apply.
- *Journey to Recovery Community Center* - Recovery Coaches | Learn how to apply **here**.
- *Jenna's Promise* - Administrator Coordinator | Learn more and apply **here**.
- Turning Point Center of Addison County - Director of Marketing and Development, Parents Recovery Coach, Recovery Coach | Learn more and apply **here**.

## Professional Development

### friends of **Recovery Vermont**

#### MOTIVATIONAL INTERVIEWING with Steven Andrews

*The Motivational Interviewing: Advancing the Practice Specialty Training* offers experienced Recovery Coaches the opportunity to gain an in-depth and advanced MI training by an expert whose work intersects with the field of addiction and recovery.

Motivational Interviewing is an evidence-based skill that is the #1 tool that Recovery Coaches in VT use with their clients to support them on their journey of recovery. During a series of weekly training sessions, a cohort of coaches will work directly with training and content expert, and SUD and MH advocate, Stephen R. Andrew, LCSW, LADC, CCS, MINT, and CEO of the Health Education and Training Institute (HETI). Stephen has been a member of the Motivational Interviewing Network of Trainers (MINT) since 2003 and was awarded the highest honor of "Certified" trainer by MINT in 2019. Through engaging and interactive training sessions with Stephen, coaches will expand, increase and refine their motivational interviewing practice.

Prerequisite of one year working in the field as a Recovery Coach.

[Apply for MI Training Here](#)

#### Supporting LGBTQIA+ People in Recovery

Oct 6, 2023 | 1 – 3pm

Join us for this two-hour workshop hosted by Jae Basiliere.

Dr. Jae Basiliere is an abolitionist educator and justice advocate. They received their Ph.D. in Gender Studies from Indiana University, and began their career as a professor of Women, Gender, and Sexuality Studies.

## Recovery Coaching Ethics

Oct 25, 2023 | 9-5PM

This training satisfies the IC&RC Certified Recovery Coach 6 CEU Ethics renewal requirement and covers following domains:

- Recognize risk indicators that may affect the individual's welfare and safety.
- Respond to personal risk indicators to assure welfare and safety.
- Communicate to support network personal issues that impact ability to perform job duties.
- Report suspicions of abuse or neglect to appropriate authority.
- Evaluate the individual's satisfaction with their progress toward recovery/wellness goals.
- Maintain documentation and collect data as required.
- Adhere to responsibilities and limits of the role.
- Apply fundamentals of cultural competency.
- Recognize and adhere to the rules of confidentiality.
- Recognize and maintain professional and personal boundaries.
- Recognize and address personal and institutional biases and behaviors.
- Maintain current, accurate knowledge of trends and issues related to wellness and recovery.
- Recognize various crisis and emergency situations.
- Use organizational/departmental chain of command to address or resolve issues.
- Practice non-judgmental behavior.

Register for Ethics Training Here

### Learning Objectives:

1. Discuss xylazine's history, pharmacology, clinical effects, and epidemiology.
2. Discuss xylazine's contribution to the opioid epidemic.
3. Discuss xylazine's contribution to opioid withdrawal and treatment of patients with opioid use disorders.



Xylazine - An Introduction to a New Drug

Download Training Here



Northwest (HHS Region 10)

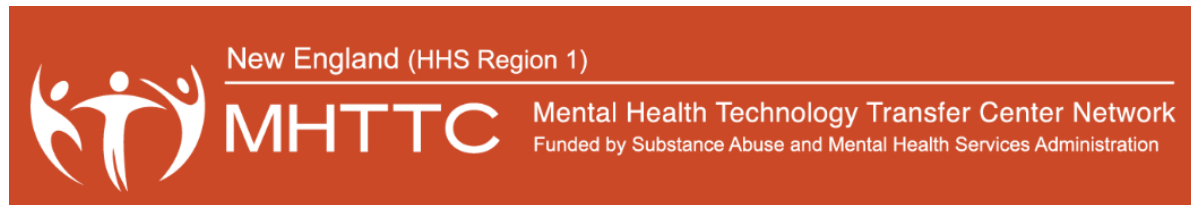
**ATTC**

Addiction Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## Contingency Management (October 2023)

This training will assist participants in understanding the fundamentals of contingency management (CM) and developing a plan for CM implementation in their organization or clinical setting. Special attention will be paid to the use of CM as a primary treatment for stimulant use disorders.

[Register Here](#)



## Youth Mental Health First Aid Training

***This training has a maximum capacity of 30 people.***

Youth Mental Health First Aid (MHFA) teaches you how to identify, understand, and respond to signs of mental health challenges and substance use disorders (SUDs) in young people. This training gives you the skills you need to reach out and provide initial support to a young person who may be developing a mental health or substance use issue and help connect them to the appropriate care.

Participants will learn:

- Ways to identify SUD and mental illness in young people
- Outreach best practices when working with youth
- Skills to support youth with SUD or mental health challenges

[Register Here](#)

## Member Events & Triumphs

Join Kingdom Recovery Center for their Annual Walk for Recovery, followed by a Community Spaghetti Dinner, Fellowship, and Family fun!!



KINGDOM  
Recovery Center

SEPTEMBER IS  
**NATIONAL  
RECOVERY  
MONTH**  
HOPE IS REAL. RECOVERY IS REAL.



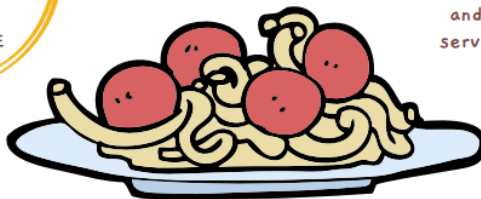
# JOIN US FOR AN AFTERNOON OF CELEBRATING RECOVERY

## RECOVERY WALK 2:00 PM & SPAGETTI DINNER 5:00 TO 7:00 PM

Light refreshments and sign making begin at 2:00 and walk begins at 2:45. Information tables and kid activities, music by Medinas Family DJ service, Poems read by writers for recovery, awards. Special guests include Bess Obrien as our MC and Sen. Jane Kitchel join us at 5:00 pm in reading the National Recovery Month proclamation. All are welcome.

THIS IS A FREE  
COMMUNITY  
DINNER.  
DONATIONS OF  
ANY AMOUNT  
WILL GLADLY BE  
ACCEPTED.

Menu:  
All you can eat spaghetti  
and meatball dinner  
includes salad, garlic bread  
and dessert. Food will be  
served as long as it lasts.



MEDINAS DJ  
SERVICES

802-751-8520  
297 SUMMER ST, ST JOHNSBURY VT  
802-751-8520



Turning Point Center of Rutland celebrated Recovery Month with their Annual Stomping Out Stigma event!



# Stomping Out Stigma



WINNER,  
WINNER???



David Zuckerman,  
Lt. Governor kindly  
said a few words.





# RUMMAGE SALE!

September 30, 2023 8AM - 11AM  
141 State Street  
Rutland, VT

For more information or if you have something you'd like to donate, **please** reach out to the center at (802)773-6010.



Turning Point Recovery Center of Bennington is gearing up for their 8th Annual Light the Night for Recovery Lantern Release - swing in and light the night to show your support for recovery!

**TURNING POINT CENTER OF BENNINGTON'S  
8<sup>TH</sup> ANNUAL LIGHT THE NIGHT  
FOR RECOVERY LANTERN RELEASE**  
**Sunday, October 1, 2023 / 5:30pm - 8:00pm (Dusk)**  
**Upper Willow Park, Bennington, VT**

**Guest Speakers**

Rep. Dane Whitman  
Kelly Carroll, Community Advocate  
Musician and radio host Benjamin Lerner  
Pastor Phil Steadman (Cornerstone Baptist)

**Raffle Prizes**

Bennington Cinema: 2 free movie passes  
Bennington Museum: Family membership  
Bromley: 2 all-day ski passes (2023-2024)  
Equinox Spa: Free massage or facial  
Gift Certificates: Abuela's Plant Boutique,  
Coffee Bar, Hawkins House, The Local,  
Northshire Bookstore, Philly's  
Glastenview Farms: Maple basket  
Guided fly-fishing trip for 2  
Jophiels Beauty: Massage and Pedicure  
Manchester Hot Glass: Glass blowing class  
Mezze Restaurant: Dinner for 2  
Mt Anthony Country Club: 4 rounds of 18  
holes of golf and golf carts  
Orvis Fly fishing rod  
Pastime Pinball: 2 all-day passes  
Kripalu Yoga & Health Center: \$300 Gift Certificate  
Shuttered Dreams Photography: \$225 photoshoot  
Snow Sled: Steel frame FROST RUSH!  
Snowball Maker  
Southshire Inn: Dinner for 2  
Vermont Teddy Bear  
Gift Baskets and more!

**NEW DATE!**



Join the Turning Point Recovery Center of  
Springfield Sunday for the Grand Opening of the  
Larry Beach House Gym!!



You're invited to

The Larry Beach  
House Gym

**GRAND**  
*Opening*

Sunday

October 1st, 2023  
1:00 pm - 3:00 pm

**BBQ & Recovery Celebration**

Live Music • Games • Fun & Fellowship

7 Morgan Street, Springfield, VT 05156

Questions? (802) 885-4668

Jenna's Promise is excited to host their 2nd Annual  
Silent & Live Auction Fundraiser!



## Jenna's Promise 2nd Annual Silent & Live Auction Fundraiser

Join us for Jenna's Promise 2nd Annual Silent & Live Auction Fundraiser. Proceeds support repairs from the flood damage (so that we can continue to provide safe recovery housing and workforce development).

We are excited to offer a *hybrid* event with *online* and *in-person* bidding! Online auction starts at Noon on September 27th.

Join us on September 30th from 4 pm - 8 pm for refreshments, entertainment, raffles, a few in person only exclusive auction items, plus our live auction starting at 7 pm!!

[Bid Here!](#)



Congratulations, Gregory Tatro of Jenna's Promise, for being named one of Vermont's Rising Stars Class of 2023!! Well deserved!

North Central Vermont Recovery Center debuts their 1,500 square foot expansion!



NCVRC hosts open house welcoming community members to newly-expanded space

"What we want is for people to walk through these doors and feel that it's vibrant, and that there's life, and that you want to be here, and most importantly, that there's hope," Carchidi shared.

The addition includes two group meeting areas and three new offices

for recovery coaches, allowing for larger group sessions, along with more breathing room for both staff and people receiving treatment.

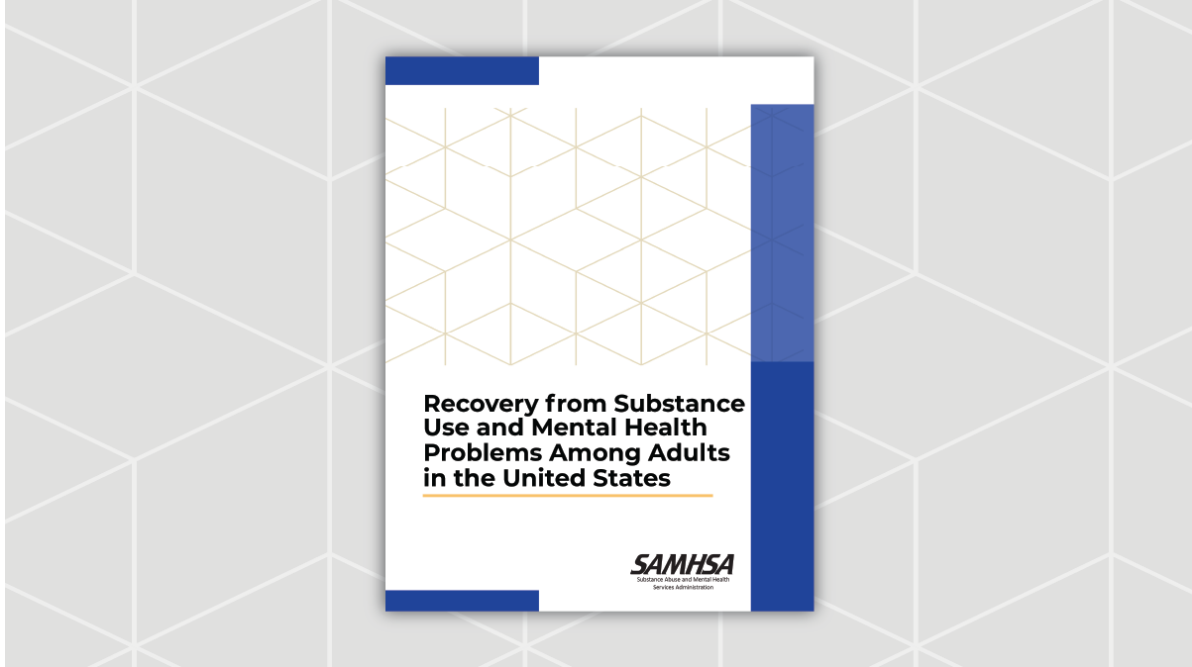
[Read  
More](#)

Turning Point Center of Chittenden County would like to thank Dave and his family for their long-time supporter they offer the Turning Point Centers. Their generosity sustains programs like our Parents in Recovery Program which provides parents of children of all ages the care and support needed to recover from addiction. Without the help of **Danform Shoes** we can't continue to grow to meet the rising demand for recovery.



## Resources





## [SAMHSA Releases New Data on Recovery from Substance Use and Mental Health Problems Among Adults in the United States](#)

The Substance Abuse and Mental Health Services Administration (SAMHSA) today released *Recovery from Substance Use and Mental Health Problems Among Adults in the United States* (PDF | 439 KB), a new report that provides data on the adults in recovery from their substance use and/or mental health problem and provides policy recommendations identified as supporting recovery.

[Read More](#)

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Am I strong  
enough to  
ask for  
help?

You are **NOT**  
Alone

Hope

CAN YOU DO IT ALONE? MAYBE.  
DO YOU NEED TO? NOPE.

North Central Vermont  
**RECOVERY  
CENTER**

A judgement-free zone supporting all paths to recovery

275 Brooklyn St. #2, Morrisville, VT

802-851-8120

[ncvrc.com](http://ncvrc.com)

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# TPRC of Springfield offers 24/7 Peer Support!

Free services that are available to you  
***24 hours a day, 7 days a week.***

- *Are you in need of some Peer/Recovery Support?*
- *Were you unable to reach the office because it was after hours?*
- *Are you calling because you'd like to speak to a Recovery Coach?*

## Please reach out.

Call our 24/7 Support Line at:





National Center on Youth Prevention Treatment Recovery -  
Youth Recovery Answers  
Recovery Research Institute

Time is of the essence. Substance use disorder is preventable, treatable, and responsive to early intervention. We need to focus our efforts on creating more innovative services that can attract and engage young people sooner, as well as prevent substance use to begin with.

[Learn More About Youth Recovery](#)

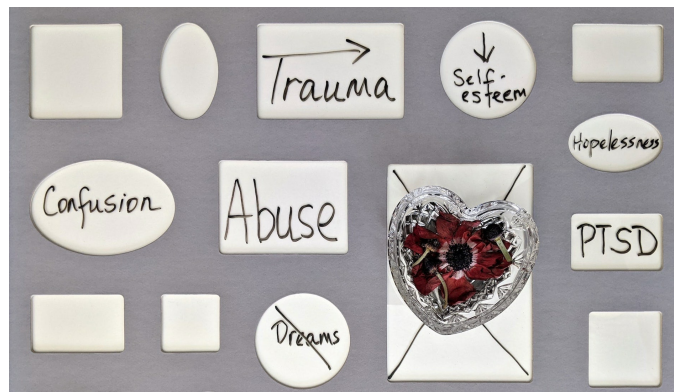


National Report September 2023 Rural Substance Use  
Disorder Stigma and Treatment Needs

*Prepared by the UVM Center on Rural Addiction Surveillance & Evaluation Core*

The University of Vermont Center on Rural Addiction (UVM CORA) aims to expand substance use disorder (SUD) treatment capacity in rural communities by providing consultation, resources, and evidence-based technical assistance to healthcare providers and community partners. This national rural SUD stigma and treatment needs assessment explores SUD stigma as well as SUD treatment needs and barriers through the experiences and perspectives of rural practitioners.

[Read  
More](#)



## What Is Complex Trauma in Addiction?

It's a grim fact of life that deeply traumatic events are not uncommon. Criminal attack, natural disaster, war, domestic violence, child abuse, sexual assault—such experiences, occurring either suddenly or as part of a prolonged and chronic pattern, disrupt normal life and can generate feelings of unease, danger and mistrust. And as any addiction treatment care worker will tell you, people exposed to such trauma often turn to alcohol or drugs to help them deal with that emotional pain and disruption. In serious and prolonged cases, the behavior develops into one of the thorniest conditions in the treatment field: the co-occurrence of post-traumatic stress disorder (PTSD) and substance use disorder (SUD).

Read  
More



## Stigma kept people with substance use disorders "in the shadows." Now, they're fighting to "recover out loud."

Nearly three-quarters of the over 29 million adult Americans who identify as having substance use disorder are in recovery, new federal data shows. This weekend, hundreds of advocates in the field gathered in Washington, D.C. to call for political action and support for people in recovery, who make up a significant percentage of the population of U.S. adults....

"We know that people don't recover alone. People recover in community," said Miriam E. Delphin-Rittmon, SAMSHA administrator.

[Read More](#)



## Have you visited our Memory Wall?

A donation of any amount starting at 1 cent would allow you to have the name and picture of a lost loved one recognized on our Memory Wall forever. We will never forget the beautiful lives lost to alcohol or other substance use disorders.

Visit Memory Wall [HERE!](#)

When you donate to Recovery Partners of Vermont, you're ensuring that our members are supported through.....

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NOW

ADVOCATING

FUNDRAISING

INFORMATION  
CLEARINGHOUSE

TEAM OF  
CONSULTANTS

TRAINING &  
MORE

*Give for  
Recovery!*



*You could save someone's life.*

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Vermont Narcan Distributor

[CLICK HERE](#)

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