

# JTRCC Social Detox Pilot Project



Recovery Partners of Vermont



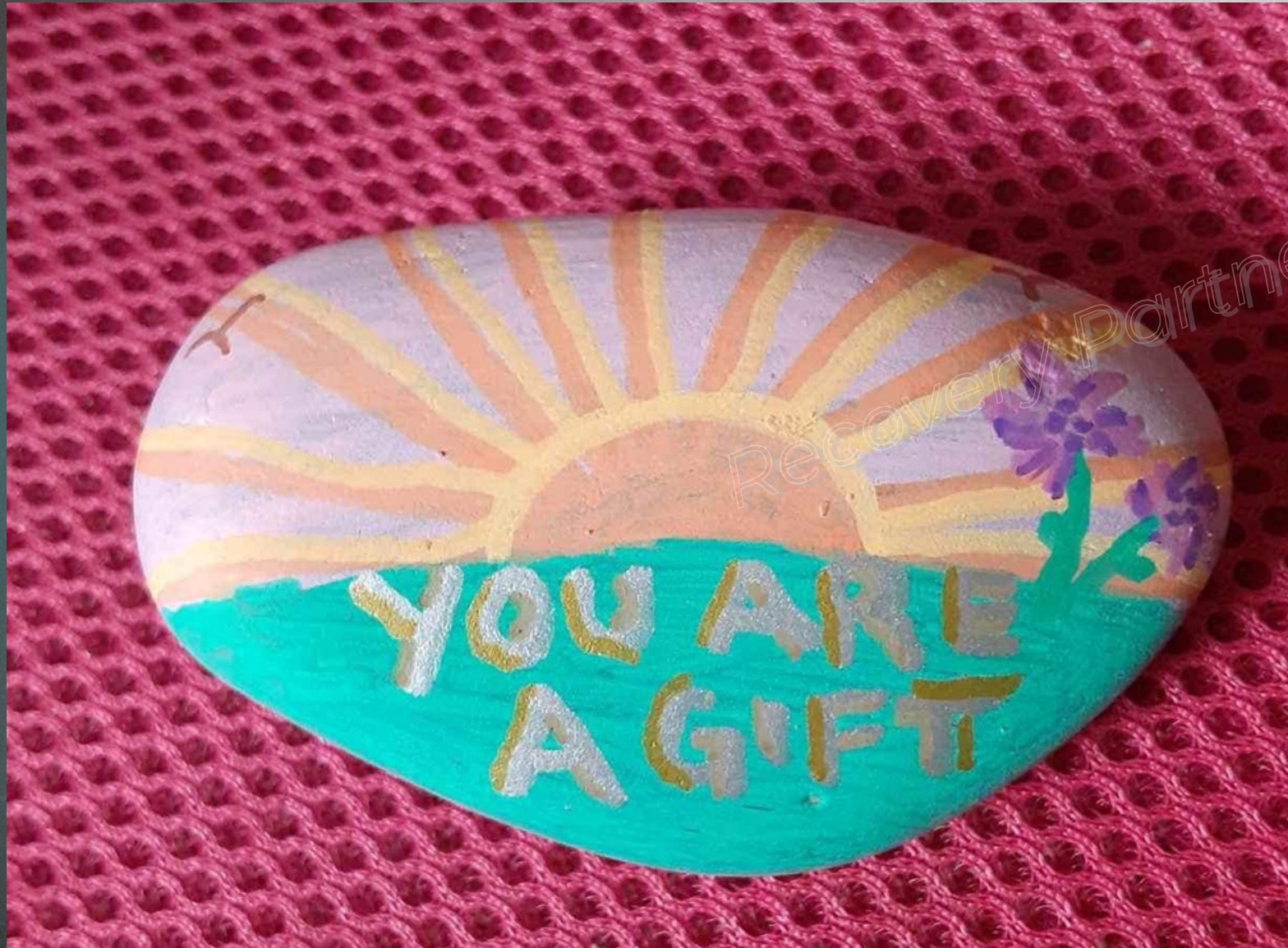
# What is the Social Detox Pilot Project



- **What is Social Detox?** Social Detox is when a person is medically safe but still in need of emotional and physical support while going through the process of eliminating substances from their system.
- **In 2020**, JTRCC began to research a potential gap in the system of care- after discharge from Emergency Department but waiting for in-patient treatment, people had nowhere to go
- **Data was collected** for 18 months to understand and establish the need
- **Needs Assessment** completed by PIRE (Pacific Institute for Research and Development) to support the implementation of a Social Detox Pilot Bed
- **In September of 2022**, JTRCC applied for and received a \$50,000 Health Equity Grant
- **The Social Detox Bed** Opened November 21, 2022
- **Additional Funds** of \$15,000 were received through Health Equity Funding and other donations to keep the bed open through the summer and fall



# Care Workers and Coaches: Saving Lives



JTRCC [www.jtr-cc.org](http://www.jtr-cc.org)

*You are not alone*



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802-624-4156  
[www.jtr-cc.org](http://www.jtr-cc.org)

## COMPASSIONATE CARE SUPPORT WORKERS NEEDED

Are you interested in making a big difference in your community and earn some extra income at the same time?  
We have the perfect new opportunity for you.  
Social Detox/Crisis Bed at Journey to Recovery!  
Training can and will be provided

No experience is necessary.  
The only requirement is a  
compassionate heart  
and an attentive, respectful eye.

### Job Description:

On-Call weeknight, weekend day and weekend night  
support workers for our Social Detox/Crisis Bed:  
\$50 to be on call per shift,  
whether you come into the center or not.

\$75 on top of the \$50 to come to the center to support  
the patient in the bed Weeknights, Weekends and  
weekend nights are needed.

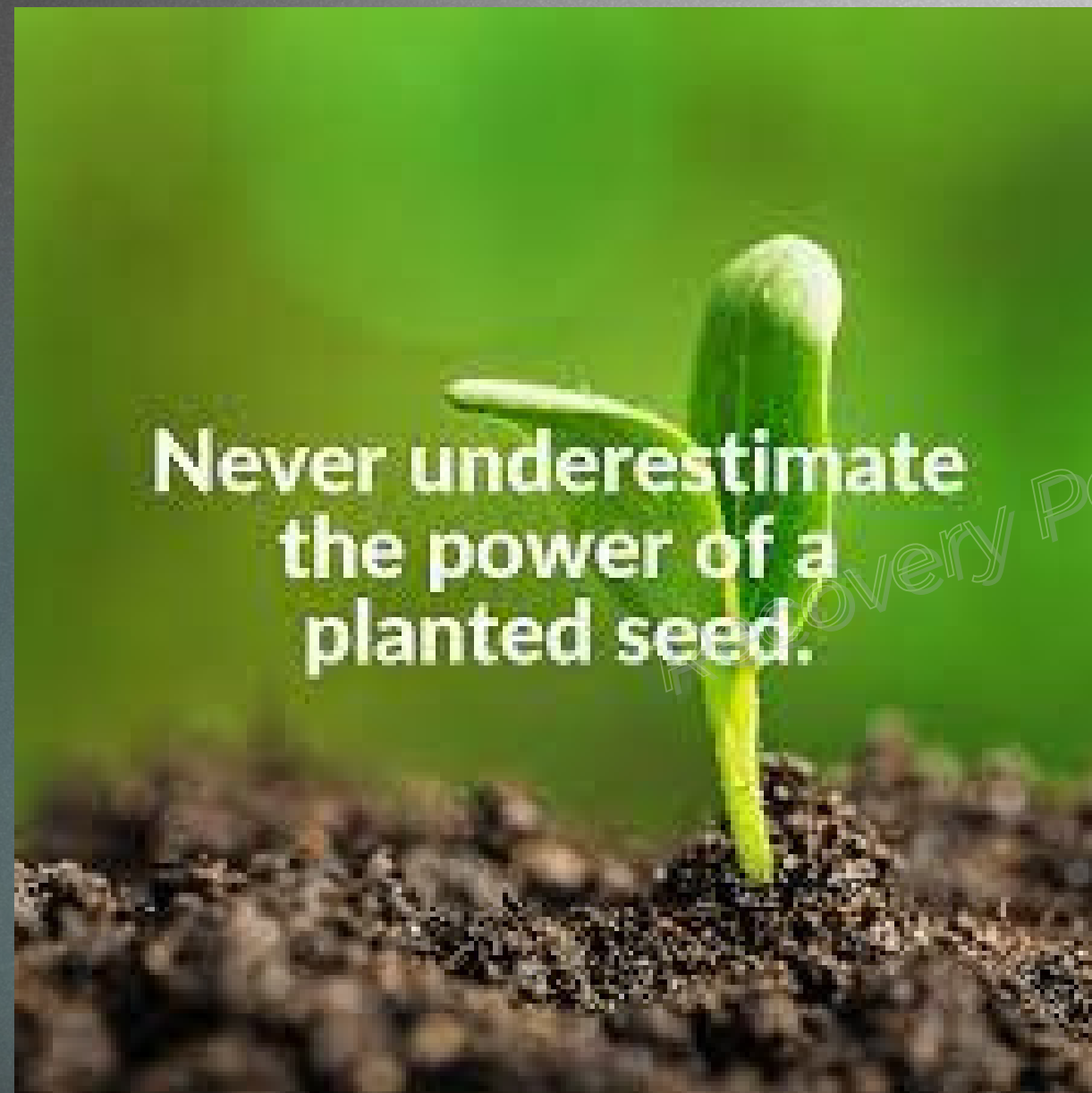
### Responsibilities Include:

- Supervision of the patient
- Providing compassionate support, helping the person be comfortable
- Offering them food, warm blankets, helping them get from bed to a chair.
- Offering them an ear, and hope that things can and do get better.
- Helping the patient call rehab facilities and do over-the-phone screenings
- Collaboration with other support workers and the Peer Support Staff of JTRCC
- All patients will be medically cleared, and safe to be in a non-medical setting.

Email Cover Letter and Resume to Lila Bennett [lbennett@jtr-cc.org](mailto:lbennett@jtr-cc.org)



Overdoses and people in crisis are on the rise, and the Social Detox Bed is filling a gap in care, directly saving lives and reducing relapse and overdose deaths.







# How Does it Work?

JTRCC  
10/07/2

A patient in SUD crisis presents to the Emergency Department.

Hospital Staff reaches out to JTRCC staff, 24/7.

JTRCC staff meets the patient in the hospital to evaluate level of readiness, answer questions, and introduce treatment options.

If the patient is interested to going to in-patient treatment and a bed is not immediately available, the JTRCC social detox bed is offered.

Compassionate Care workers are on-call 24/7 and called when needed.

Recovery Coach and/or family member transports patient directly from ED to JTRCC.

JTRCC and on call MD create the safety plan to be followed until the patient transitions to in-patient care.



# The Space

- The social Detox Bed is private and comfortable
- There is a TV in the room, a recliner, a fan, and darkening curtains.
- The room has natural light
- The room is adjacent to the kitchen, conference room and bathroom
- Clients can join groups with regular day JTRCC Clients
- Recovery coaching and access to other resources and long-term planning is offered during the day while staying in the bed

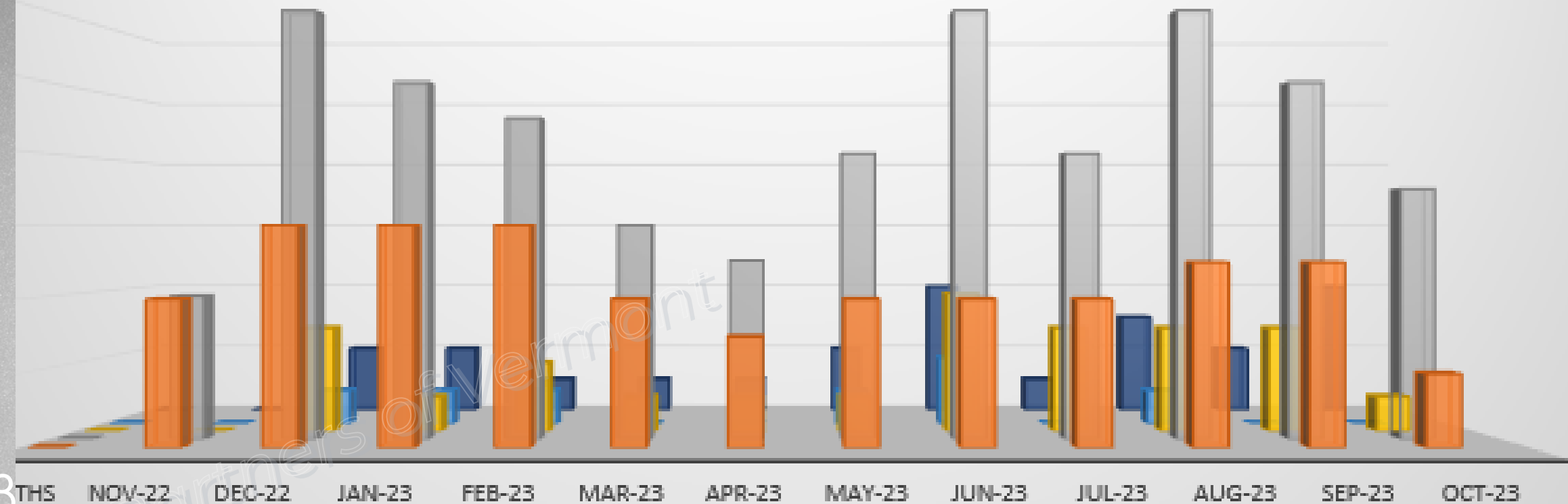




# Utilization

- These Graphs are as of 10/13/23
- An average of 4 days per month, multiple patients attempted to access the bed at the same time.
- 53 patients in all accessed the bed, 103 attempted access, 23 turned away with alternative safety plans, 7 left and 23 were transitioned straight from ED to treatment.

## Utilization By Month



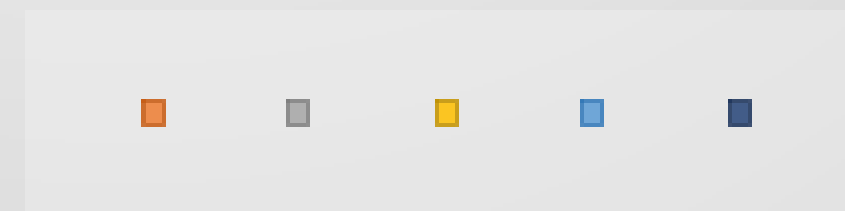
**Orange- Patients admitted**

**Grey= Total attempted access**

**Yellow= Turned away**

**Blue= Left**

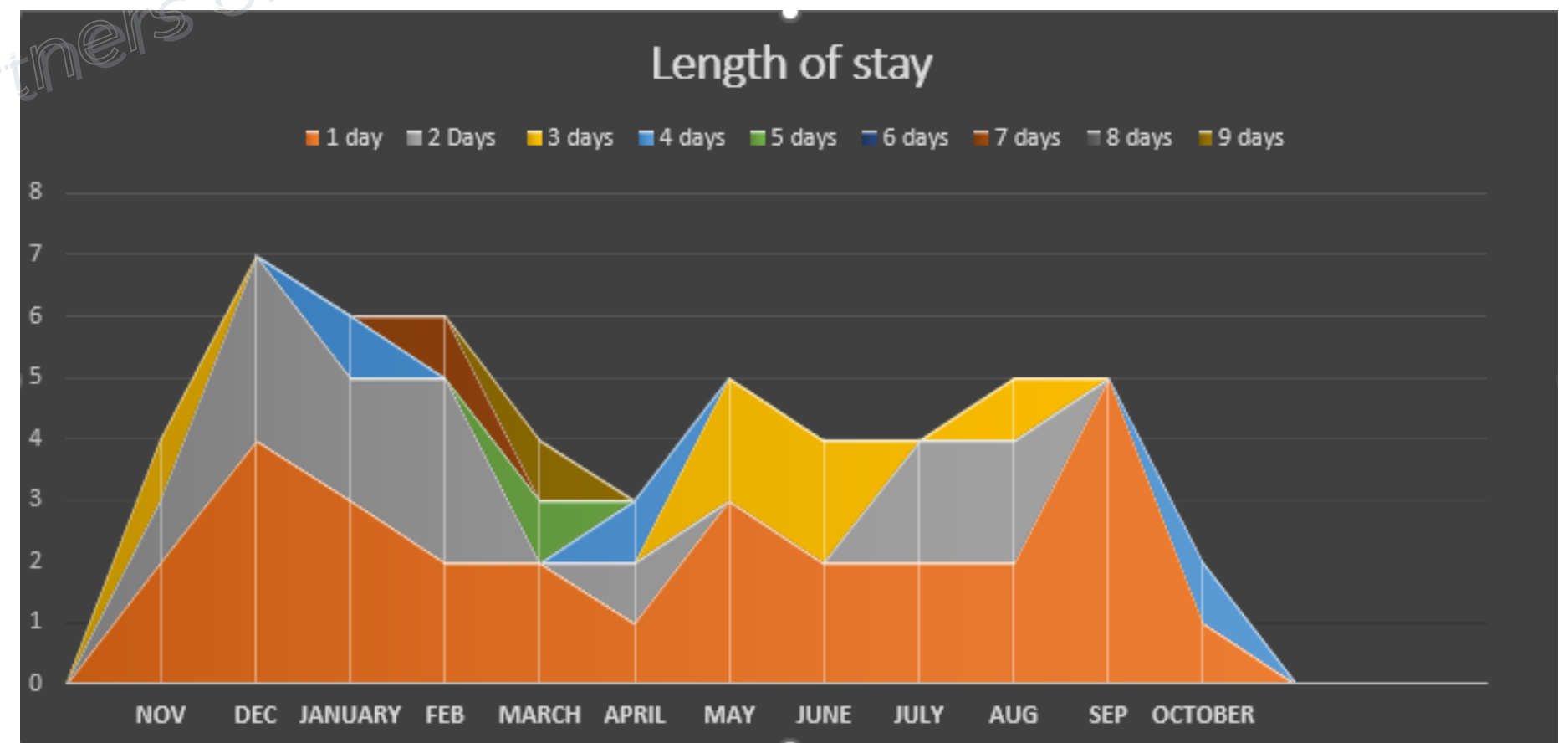
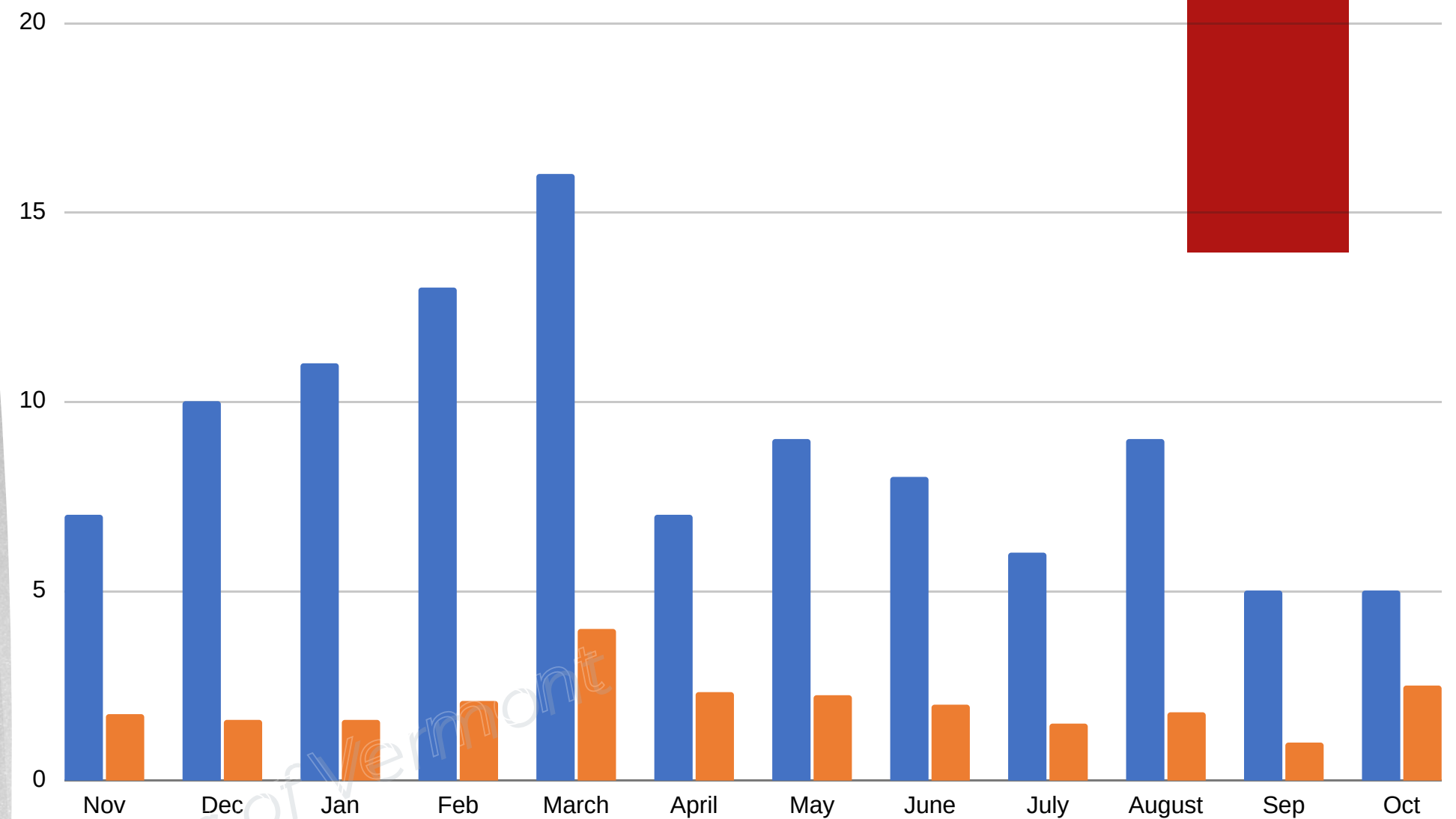
**Navy= Straight to treatment**





# Length of Stay

- The average length of stay across all months is 4.33 days.
- The total number of whole days the detox bed was in use is so far 106
- The total number of hours saved for the Emergency Department is 2,544 hours.
- The average cost per day of Emergency Department care in Vermont is \$1,500.
- 106 in the hospital is an average of \$159,000.
- The current operational costs of the social detox bed are \$72,000.





# Successes

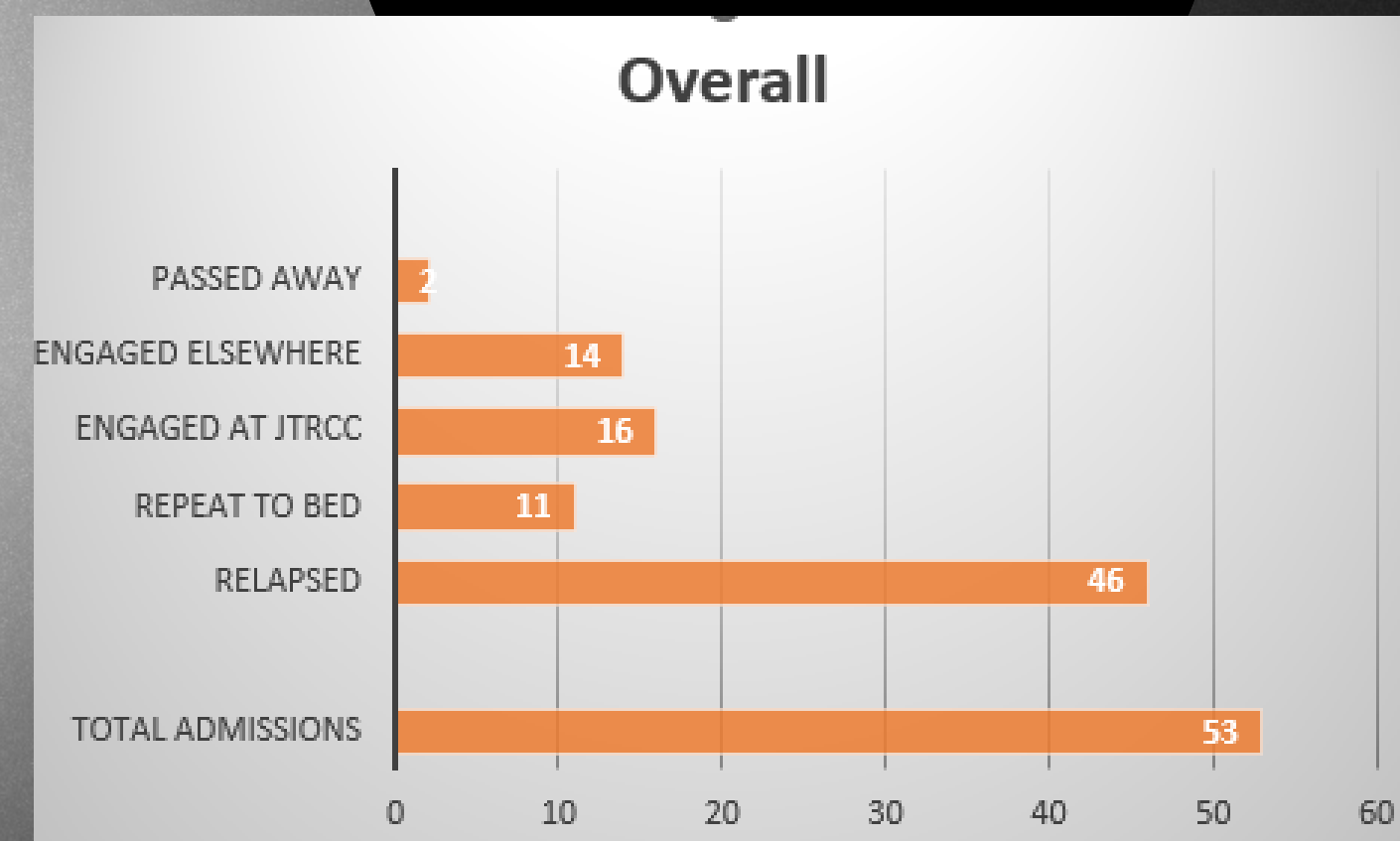
- **“It was either detox or death”** Says Client Mike, pictured here with Compassionate Care Worker and Recovery Coach Meagan.
- Mike stayed at the JTRCC Pilot Bed for five days awaiting placement in treatment. This picture was taken on Feb 21, 2023, 43 days after admitting to our bed
- There have been 53 admissions to the bed. Eleven were repeat visits, 42 unique visits
- 16 people are actively engaged in JTRCC and continuing sobriety
- 14 people have moved out of the area into sober living and are still sober
- NCH provide meals and linens
- Improved and positive relationship with nursing staff at NCH
- Streamlined communication with all community partners, Valley Vista, Serenity House and Granite Recovery





# Challenges

- **Rapid access to MAT, also providing the proper medications to get through detox**
- **Placement** to in-patient treatment for sex offenders and people with Medicare very difficult
- Waitlists for female beds much longer than male beds- challenge to keep the females long enough.
- The average time before people need that next level is four days.
- Co-occurring mental health/substance use treatment a major challenge
- Veteran placement a challenge
- **FUNDING.** Currently seeking additional funding to keep the bed open.
- Unable to admit patients for alcohol. Helping alcohol patients is a difficult challenge.
- Relapse is part of recovery, but the detox bed plants a safe and welcoming seed.
- One overdosed and survived
- 17 participants have co-occurring MH/SUD adding additional challenges
- 6 of the 53 admitted are back in active use.

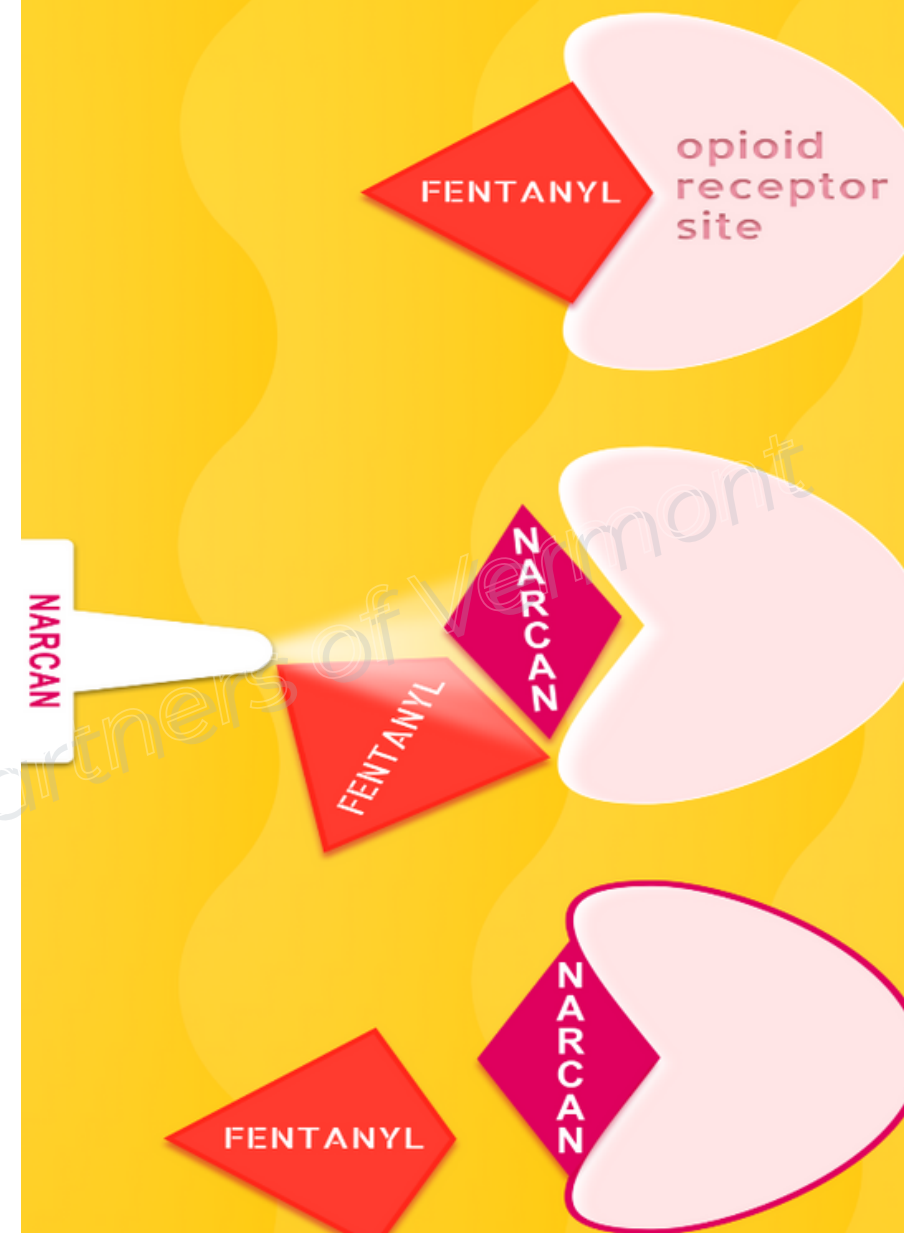






## HOW DOES NARCAN WORK?

@tacoinc\_



**Fentanyl decreases the ability to breathe by over-activating opioid receptors in the brain.**

**NARCAN knocks Fentanyl out of the receptor, halting opioid activity like decreased breathing.**

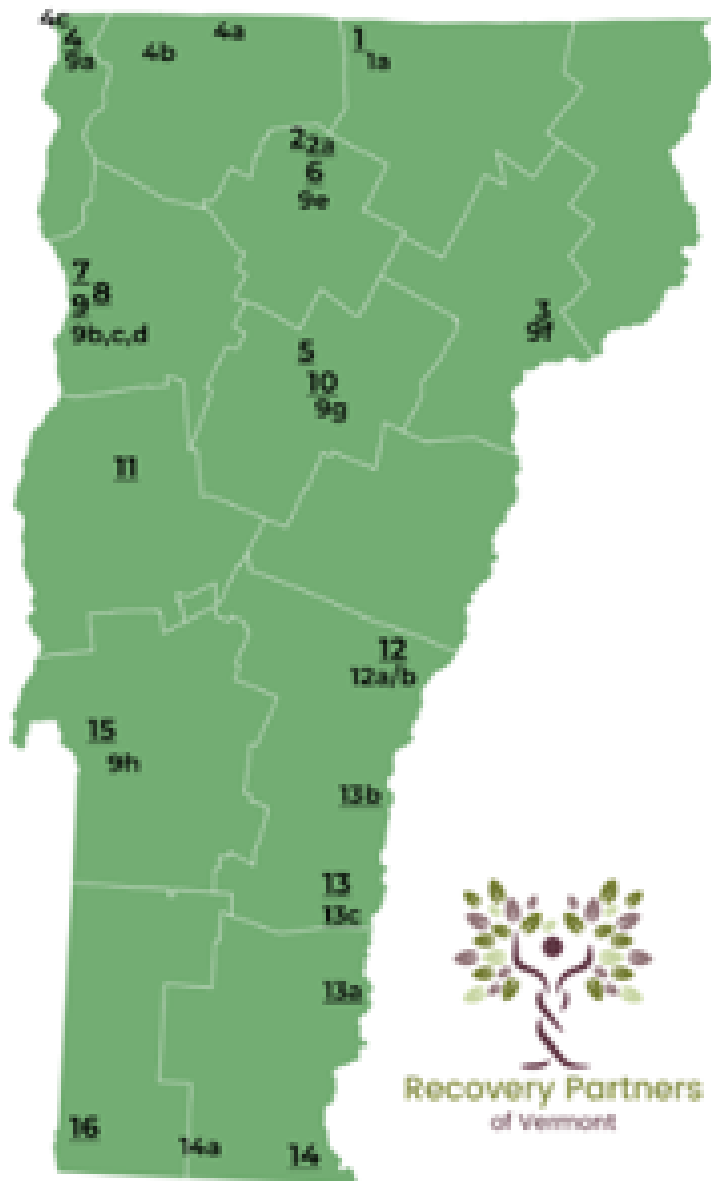
**NARCAN shields the opioid receptor, preventing Fentanyl from getting back in.**

**This allows breathing to resume 😊**



# Where can YOU find support

## Member Organizations of Recovery Partners of Vermont



- 1 - Journey to Recovery Community Center | Newport | (802)624-4156  
1a - Satellite Office | North Country High School
- 2 - Jenna's Promise | Johnson | (802)343-8741  
2a - Recovery Residence- Rae of Hope
- 3 - Kingdom Recovery Center | St. Johnsbury | (802)751-8520
- 4 - Turning Point Franklin County | St. Albans | (802)782-8454  
4a - Satellite Office | Richford  
4b - Satellite Office | Enosburgh  
4c - Satellite Office | Alburgh/Islands
- 5 - VAMHAR/RecoveryVT | Montpelier | (802)223-6263
- 6 - North Central Vermont Recovery Center | Morrisville | (802)851-8120
- 7 - Turning Point Center of Chittenden County | Burlington | (802)861-3150
- 8 - Vermont Alliance for Recovery Residences | Burlington | info@vtarr.org
- 9 - Vermont Foundation of Recovery | Essex | (802) 753-4340  
9a - Recovery House - St. Albans  
9b, c, d - Recovery House - Essex (3)  
9e - Recovery Residence - Morrisville  
9f - Recovery Residence - St. Johnsbury  
9g - Recovery Residence - Barre  
9h - Recovery Residence - Rutland
- 10 - Turning Point Center of Central Vermont | Barre | (802)479-7373
- 11 - Turning Point Center of Addison County | Middlebury | (802)388-4249
- 12 - Upper Valley Turning Point Center | White River Junction | (802)295-5206  
12a - Recovery Residence - Willow Grove  
12b - Recovery Residence - Jack's House
- 13 - Turning Point Center of Springfield | Springfield | (802)885-4668  
13a - Satellite Office - TP South | Bellows Falls  
13b - Satellite Office - TP North | Windsor  
13c - Recovery Residence - Springfield
- 14 - Turning Point Center of Windham County | Brattleboro | (802)257-5600  
14a - Satellite Office - Wilmington
- 15 - Turning Point Center of Rutland | Rutland | (802)773-6010
- 16 - Turning Point Recovery Center of Bennington | Bennington | (802) 442-9700

There are thirteen Recovery Centers across the state of Vermont, ready to support you as you navigate your own internal world and begin to understand your needs.

There are therapists, and many other alternative energy healers all over the state as well.

Reach out to us if you need support!

Lilabennett.com

Jtr-cc.org

Follow us on Facebook-

- Journey to Recovery Community





# Thank You!



Recovery Partners of Vermont





