

Turning Point Center OF CHITTENDEN COUNTY

The Future is Boots on the Ground - Outreach Coaching Services

Presented by:

Cam Lauf, CRC –Executive Director
Olivia Watson, CRC –Coaching Services Team Lead

"The Outreach Recovery Coaching Program provides low-barrier access to peer recovery services throughout the emergency, temporary, and low-income housing systems that focus intent on unconditional positive regard and to maintain connection at all costs..."

-TPCCC Outreach Recovery Coaching Program Mission Statement, 2023

Outreach Services:

ALL RECOVERY MEETINGS

Unrestricted, open group to all wishing to connect with recovery supports. Abstinence is not required. Introduction to Recovery Concepts is consistent.

LOW BARRIER COACHING SERVICES

We make Recovery Coaching support services more accessible to our community by lessening the barriers caused by lack of reliable transportation, physical disabilities, and economic status, and sobriety requirements.

INFORMAL INTERACTIONS

Through informal interactions, we cultivate trust and true connection by letting our target community members know we are on the same level, we have experienced similar struggles, and we have made it to the other side of active addiction.

2020 2021 2023

Global pandemic and beginning of Vermont's Hotel Emergency Housing System

March 2020 - shelter in place December 2020 - vaccines

All services and organizations required to cease in-person operations.

All governmental bodies dispatched to emergency COVID-19 efforts.

Daily calls to TPCCC for help with substance use at hotels prompted coordination with local housing services and providers

VT Fatal Opioid Overdose Total: 158
-from VDH, 2022

COVID-19 Response and OD2A carryforward funding

March 2021 - First Pilot: \$30,000
6-month VDH funding for certified coaches to provide coaching services to single motel location,
Harbor Place.

June 2021 - Criteria expanded to include all neighboring ESD hotels, motels, shelters throughout county.

August 2021 - Pilot funding ended.

TPCCC folded program into existing services and used discretionary dollars to sustain small outreach initiatives.

VT Fatal Opioid Overdose Total: 217
-from VDH, 2023

United Way of Northwestern Vermont Continuation

March 2022 - Second Pilot: \$30,000 6-month funding for continuation of program. Same target population and criteria for services.

August 2022 - pilot funding end.

TPCCC sustained the program with discretionary dollars and limited its scope to accommodate for a downsized staff model.

December 2022 - ORC present throughout entire Chittenden County housing system

VT Fatal Opioid Overdose Total: 239 -from VDH, 2022

UVMMC - Community Health Investment Committee

January 2023 - Awardee of 3-year \$50,000 to provide low-barrier outreach recovery coaching to individuals and families within Chittenden County's Housing System.

February 2023 - program staffed and returned to full scope of services.

Continuum of Care established from active addiction to sustained recovery

What We Learned

Success & Outcomes

2021: Harbor Place staff reported they had zero overdoses at their location for the entirety of our pilot. Participant successes include sustained recovery, access to treatment for SUD, access to sober housing, employment, and family relationships repaired.

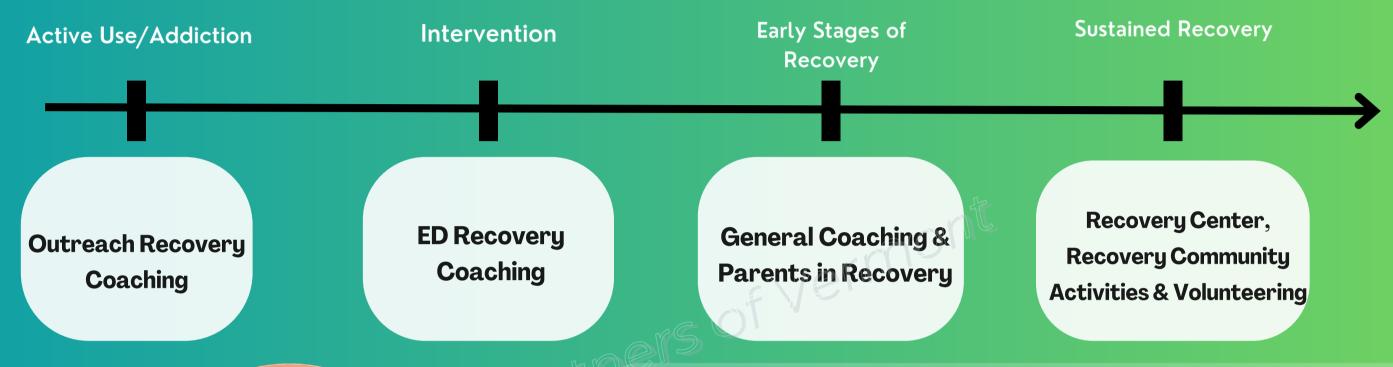
2022: All Recovery Meetings developed and facilitated weekly at various locations. Lessened restrictions to programmatic functions to allow for more immediate and informal support.

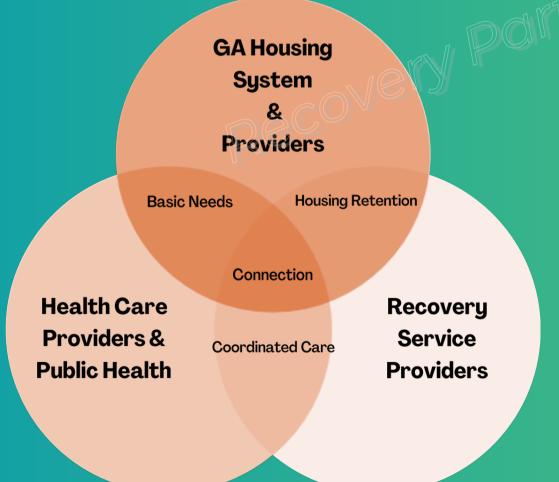
Sustainability

How can it keep going?

- Identify permanent funding entities, structures before pilot stages.
 - Labor assessment how much is too much?
- Personnel caliber, career pathways, wages at parity to health care specialists
 - Close working partnerships with existing systems of care and avenues for contracts

TPCCC Continuum of Care





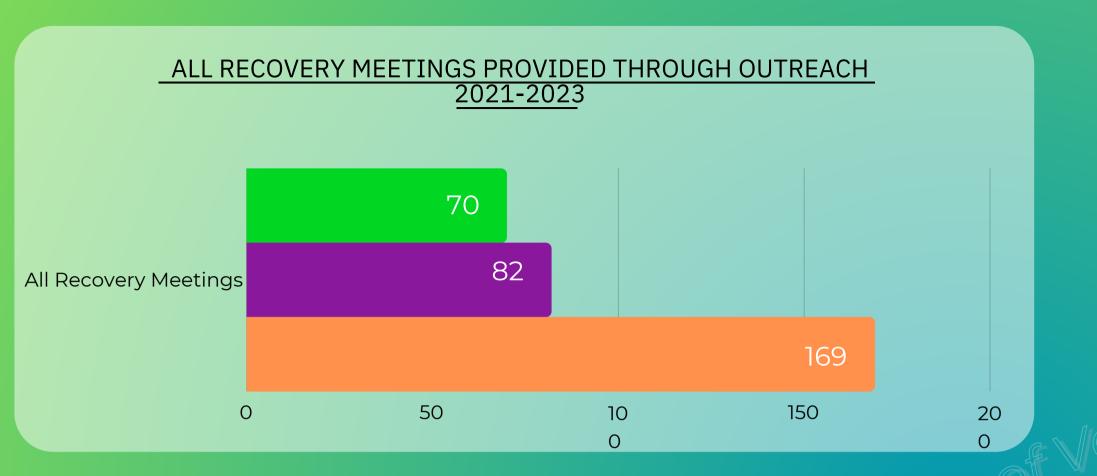
GA Housing System & Providers: Homeless Alliance, Economic Services Division, Housing Providers (Recovery Residences, Shelters, Emergency Housing, Low-income Housing), Coordinated Entry, Office of Economic Opportunity, Municipalities (CEDO), all HUD funding recipients

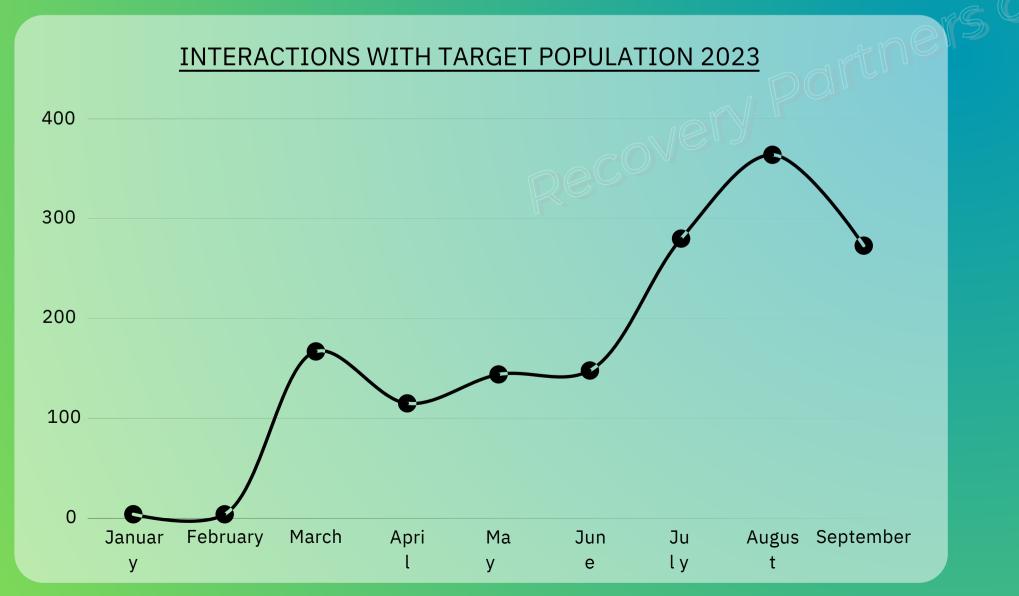
Health Care Providers & Public Health: Medical, Mental Health, and Addiction Treatment Providers; Designated Agencies and Disability Services; Dept. of Health and Governmental Bodies

Recovery Service Providers: Recovery Centers, Peer Recovery Organizations

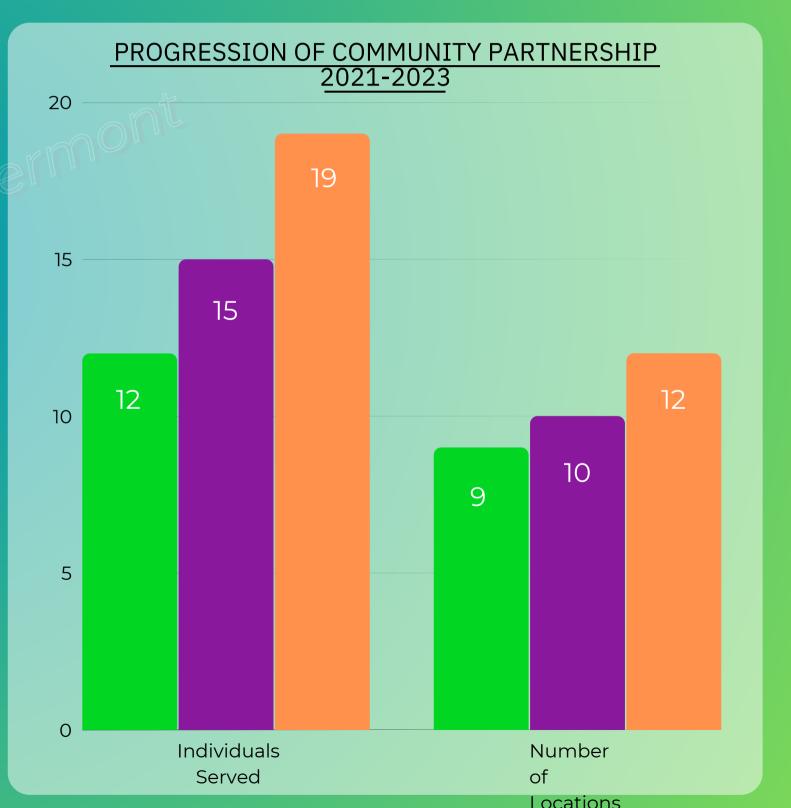
Disclaimer - this is a synopsis and does not restrict the listed entities to a particular group.

Many, if not all, serve multiple purposes and functions.









Discussion, Case Review Activity

As a low-barrier outreach recovery coach, a person you meet at an emergency housing facility says they're interested in receiving recovery coaching services. This person is unhoused, disabled, and wants to pursue recovery. His goal is to obtain permanent housing benefits.

Now put yourselves in our shoes. How would you help? What can you do? What must you consider? Are there limitations, restrictions, safety concerns? Who is involved?

Question and Answer (10 minutes)