



Recovery Roundup | September 2024

*Promoting wellness for all who are affected  
by Substance & Alcohol Use Disorders*

Editor in Chief: Allie Mullin | [allie@vtrecoverynetwork.org](mailto:allie@vtrecoverynetwork.org)



## The Importance of Recovery Month



a message from  
*Gary De Carolis*



*It seems fitting that National Recovery Month is celebrated in September. It's the month we transition from warm days to cooler beautiful fall days filled with the glorious colors of the season. My all-time favorite tree is the Sweet Gum tree. When its leaves change, they display the full range of fall colors. In one tree you have yellow, red, purple, green, and brown. It looks like a Holiday tree all lit up. I first saw one on the campus of Michigan State University, and I was blown away. I still am!*

*When I think of the many thousands of guests that are involved in our recovery organizations, they too are transforming from active addiction to a life in recovery. When that transformation takes place, just like the Sweet Gum tree, all of a sudden, the multi-colors of each guest start to emerge. From someone who was entirely focused on the next drink or the next drug, now in recovery, we begin to see the emergence of the wonder of who they are. The gifted dancer, the singer, the musician, the writer, the leader of people, the intellectual, the poet, the public speaker, the lover of animals, the present and attentive mother, father, uncle, aunt, sister, brother. And they are all these things with humble gratitude for being able to truly experience life without a drug or drink. I have been blessed to be surrounded by people in recovery for the past 13 years. My life has been so much richer for this chapter in my life.*

*So, the importance of Recovery Month is simple. We deserve a month to celebrate the gift of recovery. We do that with events like Soberfest in Bennington, 5K races in Newport, Stump Out Stigma in Rutland, anniversaries of various recovery centers on their successes to date, and various other celebrations. But that is not enough. We have Recovery Month to bring in the wider community so that they can better understand the amazing fortitude of those who have achieved recovery. It offers us a chance to educate Vermonters that recovery is not only possible, but it happens every single day of the year. Studies show that some of the best employees are those that are in recovery. And why, you might ask? Because someone who has achieved recovery is grateful for each day of life without drugs and alcohol, and they work so hard each day to keep it that way. They are grateful. And those who are grateful for anything and everything that happens to them are as beautiful as the Sweet Gum tree in all its amazing fall colors.*

*Happy Recovery Month!!!!*



3rd Annual

# Recovery is the Answer!

Peer Support is the Way Conference

2nd Annual **Recovery Stars**  
Benefit Dinner & Auction

October  
22 - 23, 2024

Killington  
Grand Hotel,  
Killington, VT

Registration  
is Open!!



Keynote  
Speaker



Daryl McGraw,  
MA, CAC, CCJP  
Founder of Formerly, Inc.

Recovery  
Stars Award



2024 Recipients  
The Tatro Family  
Founders of Jenna's  
Promise

Mark Helijas Recovery  
Pioneer Award



2024 Recipient  
Lila Bennett  
Executive Director  
Journey to Recovery

13 workshops,  
7-Person Panel,  
Wellness Hour



Recovery Partners  
of Vermont



## Building Workplace Resilience

By: Liza Ryan, MSW, CRC

*In recent newsletters, we have discussed the myths of self-care, self-compassion vs self-care and other themes of wellness. Shifting from an individual perspective of self-care, this month's column will cover building organizational resilience and increasing levels of resilience in the workplace. Organizational resilience is important because organizations with strong levels of resilience are more likely to survive and adapt in the face of challenges they may experience. Workplace culture, organizational policies, staff events and celebrations, required trainings, professional development trainings and staff incentives/benefits all can have an impact on workplace resilience.*

*Continue reading for ideas of how to introduce or increase staff resilience in your workplace!*



Read Liza's Column

Career Opportunities

- **Vermont Foundation of Recovery** - Morrisville Women's House Coordinator, Human Resources Manager, Membership Manager, learn more and apply **here**.
- **North Central Vermont Recovery Center** - Recovery Coach in the Emergency Department, apply **here**.
- **Journey to Recovery Community Center** - School-based Recovery Coach, learn more **here**.

### **Vermont Foundation of Recovery - Strategic Planning RFP**

Vermont Foundation of Recovery invites proposals to lead the design and facilitation of board and staff engagement resulting in the development of a three-year strategic plan to take effect in Fiscal Year 2026, starting July, 2025. The selected party will partner with the Officer's Committee of the board and Executive Director to design an effective process to gather staff and board input. The successful bidder will then draft a three-year strategic plan and work with the team to update until final.

Bid for RFP



### **Hiring: Action Circles Legislative Assistants**

Action Circles Legislative Assistant About Action Circles Legislative Assistant Position This position is temporary and can be structured as an internship opportunity if needed. Preferred skills and qualities: Action Circles is a political strategy firm that offers its clients a full range of services, including political strategy and lobbying services, campaign planning, messaging & earned media, content development for print and online materials, organizational capacity building, and meeting facilitation and design.

Apply Here

## **CEU Approved** Professional Development



### **Recovery-Oriented Transformational Leadership**

Registration deadline: 10/25/24

Virtual Trainer: Samson Teklemariam, LPC, CPTM



According to the Department of Employment and Development, indicators show that over 15% of mental health and substance use counselors are predicted to leave their profession in the next year. "Quiet quitting," a workforce disruptor, has recently impacted the addiction profession. Now more than ever, effective leadership can be the difference-maker of a successful or failing program. Existing and emerging leaders need a recovery-oriented leadership model that is ideal for the workforce and patients we serve. This presentation will identify some of the challenges in creating a stable and healthy work culture for recovery organizations and provide a leadership framework that blends evidence-based leadership strategies that fit the addiction profession's primary leadership needs.

[Register Here](#)

---



### Training & Events

Search for Trainings and Events on topics relevant to working in addiction prevention, intervention, treatment and recovery.

[Learn More](#)

---



### Brief Action Planning

On-demand

Brief Action Planning (BAP) is a pragmatic, evidence-informed, and versatile MI-consistent tool designed to support client self-management and facilitate health behavior change. This presentation provides an overview of the core principles and practice of Brief Action Planning, and introduces learners to a novel integration of BAP and MI, called "BAP-MI." Watch **HERE**.

### Motivational Interviewing & Trauma Informed Care

On-demand

This fast-paced and highly interactive session will help you grow your skills for challenging contexts and conversations. In this workshop, we will discuss the basic definitions of trauma and trauma informed care, and how the spirit and skills of Motivational Interviewing enable

practitioners to engage in many different levels of trauma informed care. Watch **HERE**.

[View Entire Events Calendar](#)

# CCAR TRAINING

## CCAR Training Schedule

*Thursday and Friday, November 14th and 15th*  
**Recovery Coaching and Professionalism©**  
This training will be held 10AM to 2PM EST.

*Monday through Friday, October 7th through 11th*  
**Recovery Coach Academy©**  
This training will be held 10AM to 2PM EST

[Full CCAR Training Schedule](#)

## Member Events & Triumphs



On September 10, Jenna's Promise Founder Dawn Tatro and co-executive director Daniel Franklin as well as Turning Point Center of Rutland County director Tracie Hauck were honored to be a part of a presentation at the Northeast Region Meeting of the Correctional Leaders Association, sharing what we've learned and our vision for the future with correctional leaders from around the country.

The panel discussion alongside Isaac Dayno, Executive Director of Policy & Strategic Initiatives with the VT DOC, and Cheyenne Steventon, Executive Services Supervisor & Executive Assistant to the Commissioner, touched on the innovative and life-changing collaborations between the VT DOC, Jenna's Promise, TPC Rutland and other community-based providers to reshape services before, during, and post-incarceration.

Pictured here, left to right: VT DOC Commissioner Nicholas Deml, Dawn Tatro, Tracie Hauck, Daniel Franklin and Isaac Dayno.

---



### First annual SoberFest festival in Willow Park celebrates sobriety and community

The all-day event, sponsored by many local organizations and businesses, including the Bennington Banner, and organized by Turning Point Recovery Center of Bennington, started with live music, a wellness village, Painting, sports, yoga, 35 wellness-focused vendors, and plenty of free food. It ended with a moving Circle of Hope candle-lighting ceremony honoring those who have and continue to struggle with addiction and its aftermath in our community.

[Read More](#)

---



### Kingdom Recovery Center Recovery Month Raffle

Kingdom Recovery Center is celebrating its 20th anniversary during September, Recovery Month. We will be raffling off over 40 great goods and services donated by our local businesses.

Raffle tickets will be drawn on September 30th at the Recovery Center.

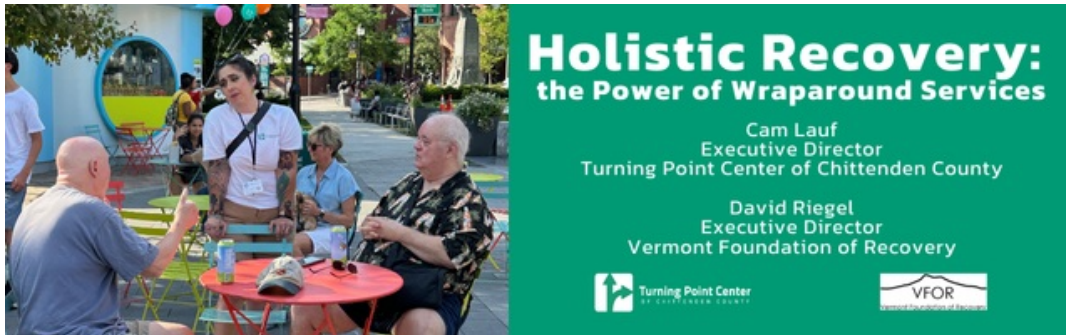
[Get Your Raffle Tickets](#)



### Jenna's Promise picks executive director, leader

Aimée Green of Stowe has been picked to lead the next chapter for Jenna's Promise, a Johnson-based nonprofit whose mission is to help people recover from substance use disorder.

[Read More](#)



### Holistic Recovery: The Power of Wraparound Services

This interactive discussion will delve into wraparound recovery services, emphasizing holistic, person-centered support for individuals' recovery journeys. It will address integrating services for substance use disorder, mental health, housing, employment, and social support to meet unique needs and how both organizations utilize this approach.

[Register Here](#)

**Other Professional Development**





Center on  
Rural Addiction  
UNIVERSITY OF VERMONT

Rural Center of Excellence  
in SUD Treatment



Lisham Ashrafoun, PhD

## UVM CORA Community Rounds

Addressing Stigma at the Individual,  
Provider, and Community Levels

Wednesday, September 18, 2024 | 12-1pm ET

Lisham Ashrafoun, PhD, an Assistant Professor in the Department of Psychiatry at the University of Rochester, co-PI of the UR Medical Discovery Center of Excellence, and a Research Investigator at the VA Center of Excellence for Suicide Prevention at the VA Finger Lakes Healthcare System

CME/CE credits available



### Telling Your Story: Communicating for Impact

In this webinar, we will discuss tips on how to face the number one thing that most people fear - public speaking! Participants will learn how to hone their public speaking skills so you can tell the story of your important work with greater impact!

[Register Here](#)





## Opioid and Substance Use Treatment Training Scholarship Program - Center on Rural Addiction UVM

The program is intended to bring together interdisciplinary teams from primary care practices in rural Vermont who are seeking to start or increase their prescribing of medications for opioid use disorder (MOUD).

Apply Here

## Resources

### I-91 Drug Supply Project: Expansion of the Massachusetts Drug Supply DataStream (MADDS)



Brandeis University

New England High Intensity Drug Trafficking Area (NEHDITA)

Overdose Response Strategy (ORS)



### States' Alignment with SAMHSA Model Standards for Peer Support Certification

Current Progress & Future Directions

Rebecca Boss, M.A.  
Neil Campbell, M.S.  
Victor Capoccia, Ph.D.  
Colette Croze, M.S.W.  
Tim Saubers, C.P.S.  
Theresa Young, L.C.S.W.

August 2024



### 3 Myths About Hiring People with Criminal Records

Research suggests that generalized fears about hiring people with a criminal history - such as fear they'll commit another crime - are tough to square with the facts. An expansion of what's often called "second-chance" or "fair-chance" hiring could drive a triple win for the U.S.



### Annual event shares stories, successes and honors Vermonters lost to the opioid crisis - VTDigger

"We are all people and we all deserve love and respect and compassion," said Martina Anderson, a social justice advocate and harm reductionist who wants to see stigma erased "because stigma still kills people."

Read More

Read More

# Have you visited our Memory Wall?

We will never forget the  
beautiful lives lost to alcohol or  
other substance use disorders.



Visit our memory wall here:  
[www.vtrecoverynetwork.org/memory-wall/](http://www.vtrecoverynetwork.org/memory-wall/)

When you donate to *Recovery Partners of Vermont*, you help us support Vermonters working tirelessly with those affected by an alcohol or substance use disorder such as...

Advocating

Healthcare  
& Wages

Training

Board  
Development

Fundraising

Conference

Wellness

Employee  
Assistance  
Program

Increasing  
access to  
Recovery  
Services for all  
Vermonters!

Give for  
Recovery!



You could save someone's life.

Find the nearest  
Vermont Narcan Distributor

[CLICK HERE](#)

Did someone forward this to newsletter to  
you?

Subscribe Here

Recovery Partners of Vermont  
P.O. Box 3042 | Burlington | VT | 05408-3042  
802.738.8998 | [info@vtrecoverynetwork.org](mailto:info@vtrecoverynetwork.org)

FOLLOW US



Recovery Partners of Vermont | P.O. Box 3042 | Burlington, VT 05408-3042 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!