



A WINDOW BETWEEN WORLDS (AWBW)



ART TRANSFORMING TRAUMA

Using AWWB in Recovery Centers





INTRODUCTION



ANGY BRITT

Angy co facilitates the
AWBW art group and
works in the Parents in
Recovery Program



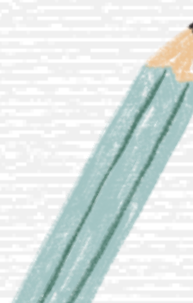
ARIEL BEAULAC

Executive Director of the
Kingdom Recovery Center



ALANIS BUSH

Alanis is our newest
recovery coach, she co
facilitates the AWWB art
group and works with the
youth center



TODAY'S GUIDE

What We'll Talk About

01 WHAT IS AWBW?

What is this program?

02 TRAINING

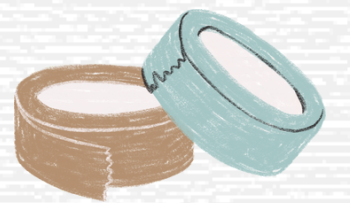
How do we become a facilitator?

03 MATERIALS & GROUP LAYOUT

What will you need for this group, layout for group agenda

04 SELF CARE ART PRACTICE

An example of an activity



WHAT IS AWBW?



We believe art can be a catalyst to release trauma, create connection, build resilience, and ignite social change.

A Window Between Worlds collaborates with human service agencies across the country, training and supporting the staff at these partner organizations in facilitating our healing arts curriculum. These workshops provide a unique Window of Time for participants in a wide range of sectors — a safe, non-judgmental environment where they can authentically express themselves in new ways.

@awbw.org



BECOMING A FACILITATOR

ATTEND A TWO DAY VIRTUAL TRAINING

Get everything you need to implement art programming and become a Certified Windows Facilitator. Training attendees include advocates, teachers, social workers, case managers, therapists, community organizers, and other people dedicated to healing and wellness.

TRAINING FEE: \$1,500

PARTIAL SCHOLARSHIPS
AVAILABLE

\$200 PER YEAR TO
RENEW

QUESTIONS? EMAIL TRAININGS@AWBW.ORG

ON-DEMAND WINDOWS FACILITATOR TRAINING

TRAINING FEE: \$750

\$200 PER YEAR TO
RENEW

By attending either of these trainings, you will gain ongoing access to an expanding curriculum of 600+ strengths-based art workshops, free professional development opportunities, and individualized consultations with AWBW staff.

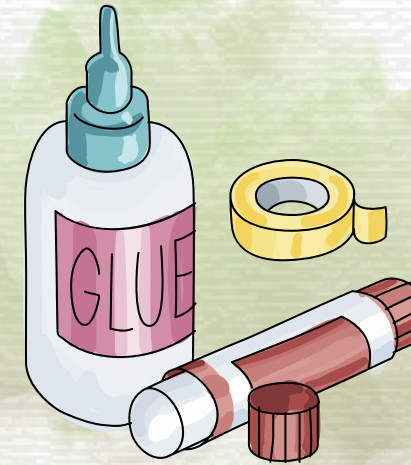


ART MATERIALS

These are some of the basic materials you will need for most activities, there are some additional items I personally like to use.



ASSORTED
PAINTS, COLORED
PENCILS,
MARKERS



GLUE STICKS,
TACKY GLUE,
SCISSORS, TAPE



CANVAS/THICK
PAPER,
CONSTRUCTION
PAPER



ROUND GLASS
STONES, SHRINKY
DINK SHEETS



WORKSHOP LAYOUTS



GETTING STARTED

Each module lists out Objective, Age Range, Materials, Suggested Time Frame and Setup



INTRODUCTION & OPENING

The module then walks you through a introduction followed by demonstration steps, and opening statement.



WARM UP & CREATION

You are provided a warm up example followed by creation steps.



CLOSING

Each module has a closing example to help you guide closing conversations.



GET READY FOR GROUP



PREPARE YOUR MATERIALS

Gather materials, print any needed items, and set up your space.



PREP FOR GROUP

Choose the activity from the facilitator website and read over the materials.

Website:

<https://dashboard.awbw.org/>



HAVE FUN

Start your warm up and have fun creating.

ART TIME

TAKE A BREAK, SELF
REGULATE!-

This workshop aims to give participants an opportunity to discuss the importance of taking breaks to self-regulate and create dice that can help them practice self-care in a fun way.





THANK YOU FOR LISTENING!

Do you have any question for me?

