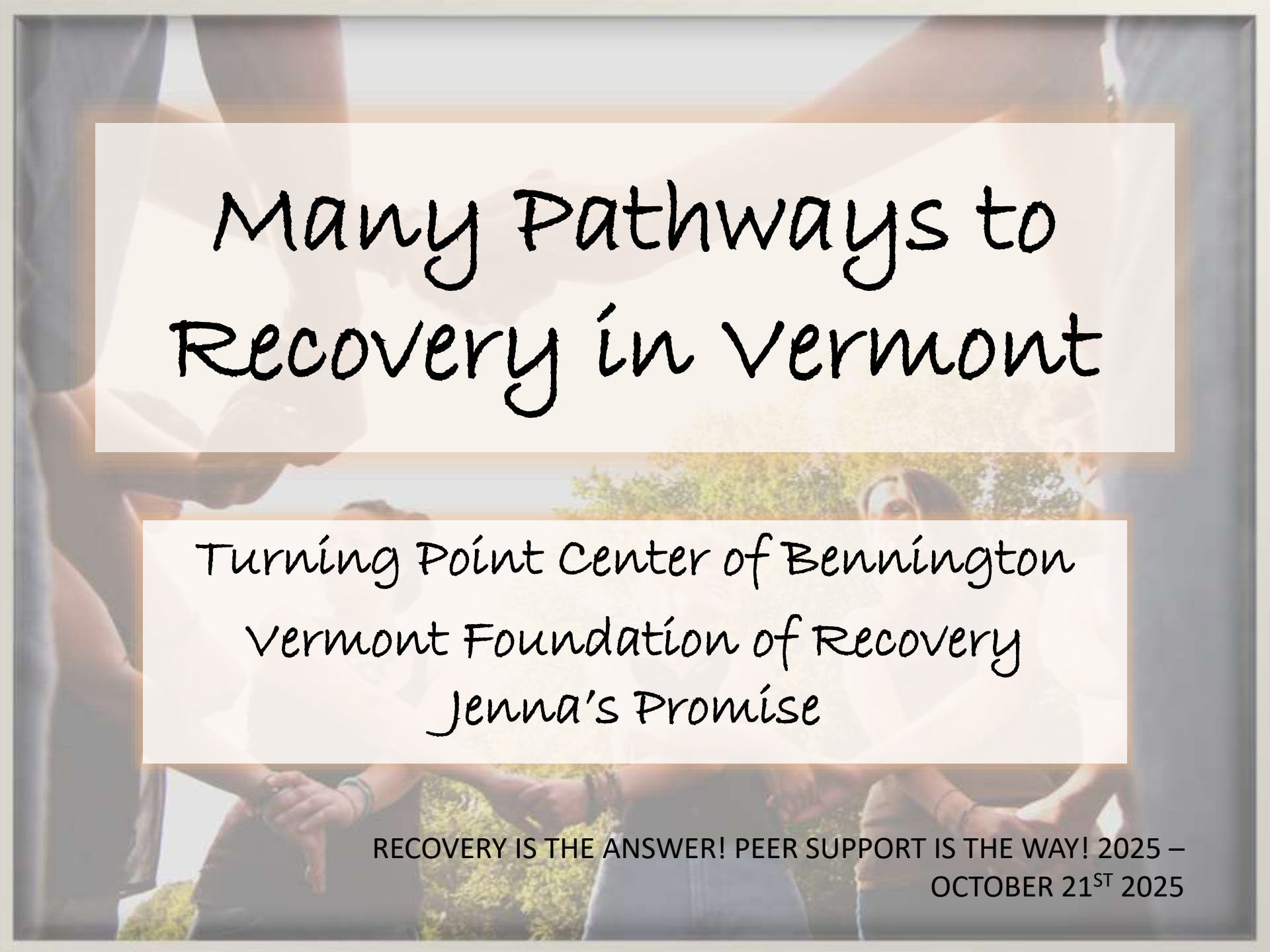




Many Pathways to Recovery in Vermont

Turning Point Center of Bennington
Vermont Foundation of Recovery
Jenna's Promise

RECOVERY IS THE ANSWER! PEER SUPPORT IS THE WAY! 2025 –
OCTOBER 21ST 2025



Welcome & Purpose

- Session goals
- Why many pathways matter
- Collaboration focused Recovery

What Do We Mean by Many Pathways?

Recovery is not one-size-fits all. Different people have different need; working together across the continuum of care is essential to personal choice

- Treatment
 - Peer support
 - Community Supports
 - Faith-based, 12-step, SMART
 - MAT & Harm Reduction
 - Recovery Housing
- (Differing levels of support based on needs)

Collaboration in Action

- Referrals and partnerships across organizations
- Example: Peer Support → Housing → Support Services → Long-term recovery
- No single path works for everyone... Recovery community thrives on diversity

Turning Point Center of Bennington

- Community-based recovery supports
- Peer coaching, drop-in center, family support
- Recovery Coaches- in the ER and Community
- Groups, sober activities, employment coaching, wellness, stigma reduction
- Paradise Recovery Home- Two unit, eight bed residence with a house managers suite attached.

Vermont Foundation of Recovery (VFOR)

- Safe, supportive recovery housing
- Peer-based Homes and Transitional Apartments
- Connections to Recovery Centers, Mental Health Supports, Employment Services
- 9 Recovery Homes & 8 Transitional Apartments- 69 Recovery Beds in VT

The Jenna's Promise Recovery Village Paradigm

A Roadway to long-term recovery

At Jenna's Promise, we aim to fill in the gaps of support and offer people an onramp to long-term recovery with the full, *village-based*, support that is required for this journey.

Phased Recovery Housing Program: to provide safe housing and support to transition to independent living.

Workforce Development: direct job experience with Jenna's Promise programs – helps with getting local jobs.

Career Enrichment: resume building, life skills, and soft skills training – structured experience, continued education.

Health & Wellness Programming: builds and supports healthy habits in eating, movement, and self-reflection.

Cutting-edge Intensive Outpatient Programing: for residents at Jenna's House delivered by River Rock.

RN Case Manager on staff for resident's medical needs.

Continuing support programs hosted at Jenna's House for people in early and long-term recovery.

Building community ties and reducing stigma at Jenna's House





Early Recovery Navigation - Experience

Questions & Reflections

- How easy was it for you to connect to help?
- Were your issues resolved/were you given a referral?
- Early recovery typically comes with a number of hurdles (probation/parole, fines, reparations). How supported do you feel to continue your recovery journey?

Looking Ahead

- Strengthening collaborations
- Opportunities for growth
- Critical gaps/barriers
- Vision: A connected statewide recovery network



THANK
😊 YOU!

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"Recovery is not a single path... it's a shared journey."