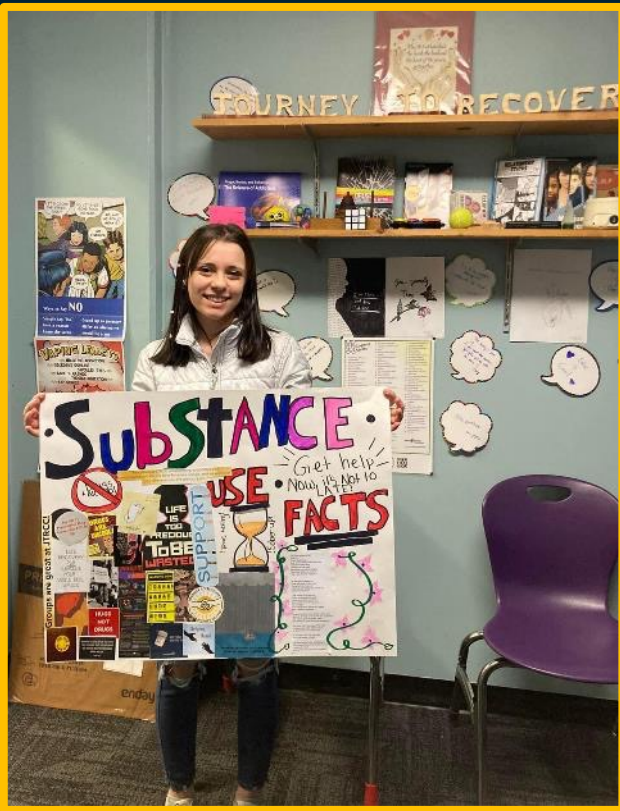




Peer Support in high school covers topics such as:

- Attachment Theory
- Fitting in vs. Belonging
- What it means to be a good friend
- Peer Pressure
- Stress Management
- Coping Skills
- Trauma Responses
- Goal setting
- Challenges versus Risk
- Substance Use and Misuse
- Substance use and the teenage Brain
- Substance use and family members
- Underage drinking
- How to define success and failure





As of 2023, approximately 8.5% of adolescents aged 12 to 17 in the United States, which equals about 2.2 million teenagers and pre-teens, had a substance use disorder (SUD). *SAMHSA



"Unfortunately, today with addiction, substance misuse and substance use we react to it. It is a reaction to fix it. We need to not only treat, but start with prevention and flip the conversation from the last day to the first."

CHRIS HERREN



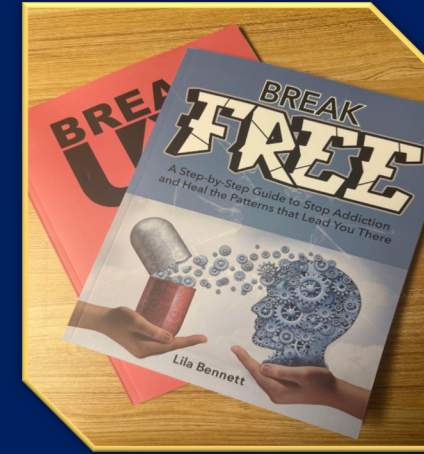
All School Education and Outreach is KEY to reaching every kind of student

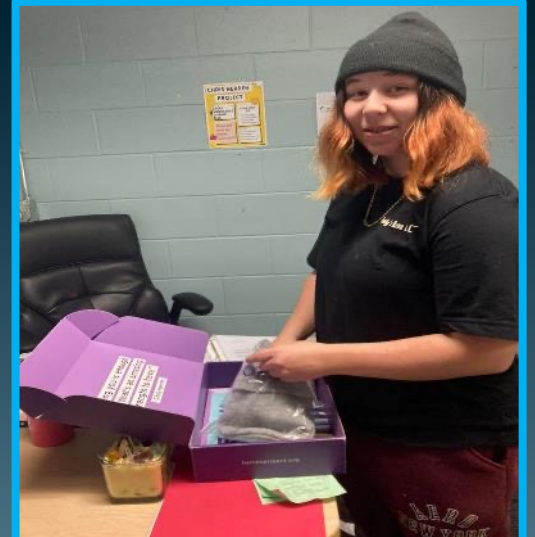
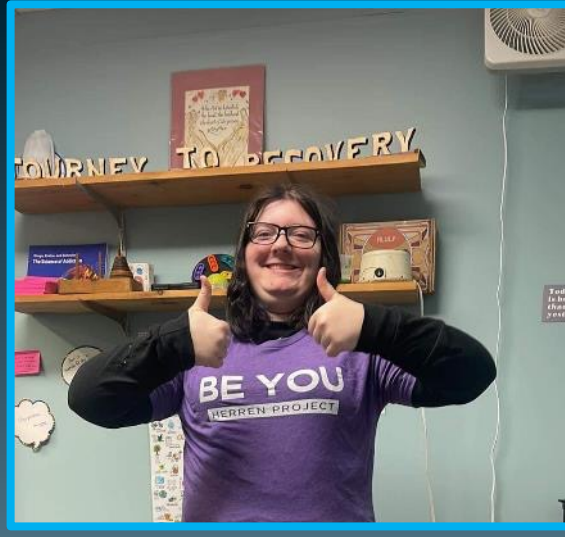




Foundations of the program:

- **Peer Support**
- **Attachment Theory**
- **Trauma Responses**
- **Coping Skills**
- **Science of Addiction**
- **Substances and the teenage brain**





Leadership



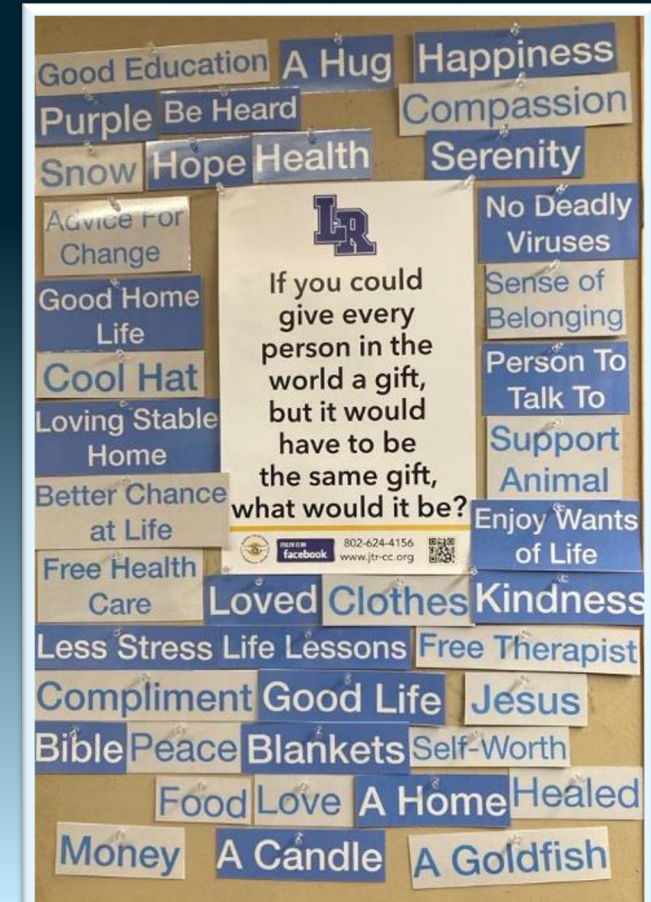
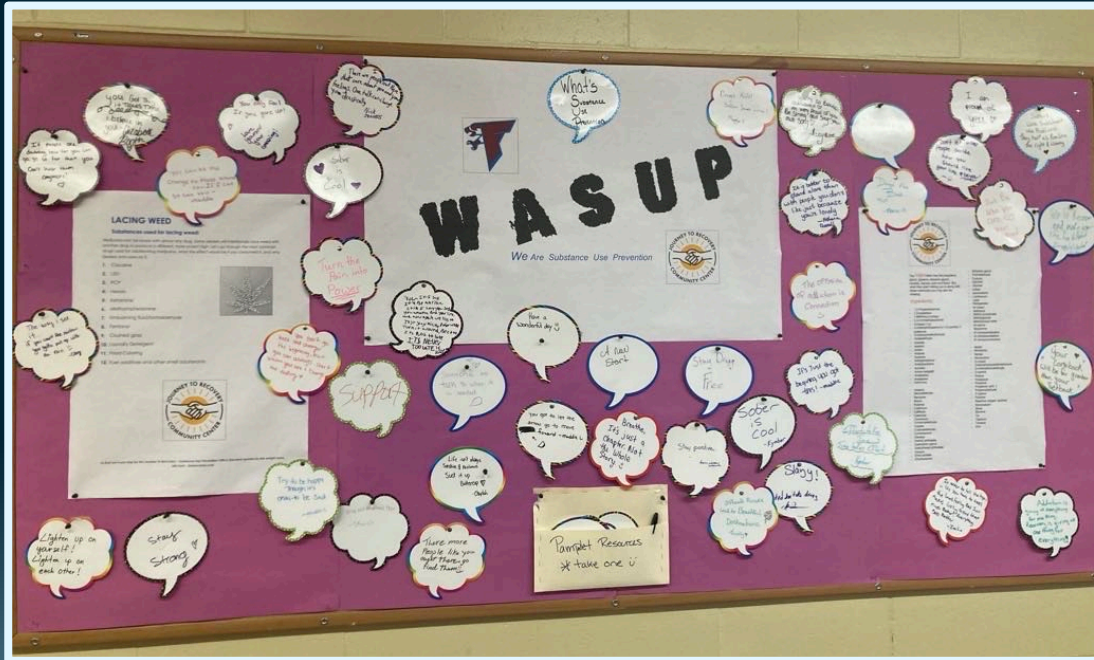
New Friendships

Advocacy



Education

We Are Substance Use Prevention!







Survival Skills Day Camp for youth ages 12-15 and 16-18- weekly sessions June through August.

The camp uses the foundation of outdoor skills (earth, water, fire, shelter, food) to teach skills such as perseverance, determination, communication, courage and more.

JTRCC ran five sessions of camp in 2024.





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